



# Longview School News

May 2022



Celebrate Everything

## Mental Health Week

What is mental health?

Mental health is how you feel about yourself, your surroundings and your connection to others.



Who does mental health affect?

Mental health affects everyone. In the past year during COVID the mental health of everyone has been impacted.

What can we do to take care of our mental health?

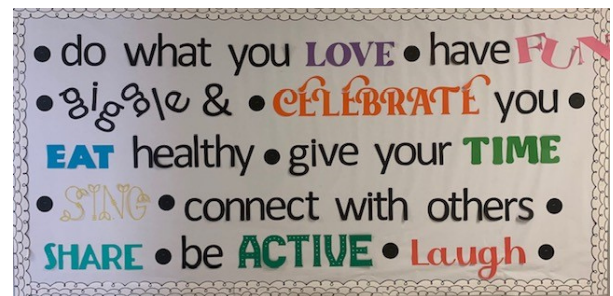
Some things that you can do to support your mental health and wellness is doing math, dancing, or playing Pokémon. You can also connect with others, listen to music, draw, journal and spend time in nature. There are many things that you can do that help you connect with each other, with school and with your mental health on the May Family Bingo sheet!

Why do we acknowledge mental health week?

Because it affects everyone and we don't talk about it as much as we should.

"Look for something positive each day, even if some days you have to look a little harder." -Anonymous

Adelyn Grade 5



## Art Club

Two of our grade 5 students organized an Art Club project for the grade 2/3 class. The grade 5 students planned the craft, collected the materials, created registration sheets and instructed the Art Club project at lunch recess. It was a hit with all the students involved. They all did a terrific job! Thanks Adelyn and Anthony for all your work and to the grade 2/3's who participated.



# Longview News



## Save the Date....

- May 1 - 7:** Mental Health Week
- May 2:** Bus Driver Appreciation Day
- May 4:** Hats on for Mental Health
- May 8:** Mother's Day
- May 11:** Hot Lunch
- May 18:** Language Arts PAT Exam for Grade 6
- May 19:** Grade 4 / 5 / 6 Field Trip to Frank Slide
- May 20:** No School for Students - PD Day
- May 23:** No School - Victoria Day
- May 25:** Hot Lunch
- May 26:** School Council
- May 27:** Kinder & Grade 1 Field Trip to Honey Farm

## Grade 2 / 3 on Hot Lunch



I like having hot lunch on Wednesday's each month. The food is really good. I think we make hot lunches because people get to have food at school instead of packing a lunch. They get to taste different kinds of food maybe they never tasted before. My favourite hot lunches so far were french toast and the tater tots. - Hadda

I like hot lunch because it's a different meal every time and your mom doesn't have to pack you so much lunch. So it's a nice break for your mom. It's good for you because it will be very very healthy for you. My favourite hot lunch so far was the banana bread breakfast for Easter. - Winter

My favourite hot lunch was taco in a bag. We do hot lunch just in case we forgot to pack a lunch that day. It's so good you want seconds. - Georgia

Hot lunch is made for everyone in the school because it's fun and yummy. My favourite hot lunch so far is tomato soup and grilled cheese with veggies. It's so happy you guys are able to do hot lunch. - Sarah

I like hot lunches because it's made at school and my mom likes it because she doesn't have to make lunches. We do it because it's fun and the kids like it. We try new foods I have never eaten before. - Jace

# APRECIATED

## Bus Driver Appreciation

*We asked the Grade 1's why they appreciate their bus driver's. Here are there adorable reasons:*

I like how my bus driver keeps driving me to school - Tottie about her bus driver

I like that she drives me back and forth to school. She let us pick songs to listen to, in alphabetical order and we each picked a song and then she made it into a playlist. My favourite song is "Queens Don't" on the playlist. We get special treats on holidays like Easter. She says good morning every morning. - Katie about her bus driver

Every Easter, my bus driver gives us chocolates. This year she gave us cream eggs! She gave one to my little sister who doesn't even ride the bus, very thoughtful. She says good morning every morning when I get on the bus and I say good morning back. She plays music on the bus and I like it. I like how she drives us back and forth from home and school. She drives us safely. When I get off, I say "bye see you tomorrow", and she says "bye" too! - Ellie about her bus driver

Okay, so she says good morning when we get picked up. She plays music and she has a playlist for us that we chose. I love the songs. "Church Bells" is my favorite song, it's a country song. She is very friendly and she has a lovely smile. We get a special day where you can sit wherever you want. That's my favourite day. We also sit with our friends.- Maddie about her bus driver

My bus driver lets us pick songs and she makes a playlist and then in the afternoon she plays them so we get to listen to it. "Back Road to Heaven" is my favourite song. - Tuff about his bus driver

She drives me home really fast! She is very kind to me. - Rhett about his bus driver

She plays nice songs. - Liam about his bus driver

