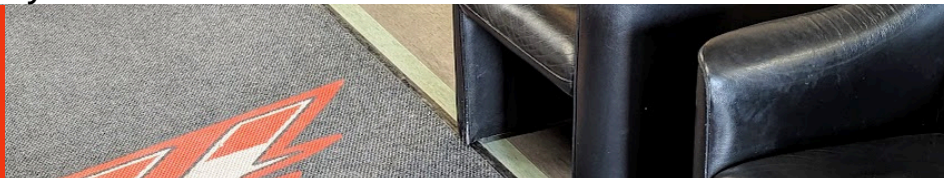


May 7, 2024

# Husky Happenings

May 2024



## GRASS IS GETTING GREENER!

Come join us tonight in our Learning Commons with Amber Pavey from Present Possibilities.

Workshop titled **Wellness Workshop for Families:**

- What is mindfulness?
- How and why can it help?
- Practices to improve well-being.
- Techniques to improve sleep and reduce stress.
- How to support yourself and your children during challenging times.

While this is a free event, we kindly request that your register at:

**[CLICK HERE TO RSVP](#)**

Please review the latest news from our website by **clicking below:**

- **[Welcome to Kindergarten Day](#)** May 17
- **[Planning for the new year survey](#)** PLEASE READ and respond.
- **[Volunteers Needed!](#)**
- **[School Council Meeting](#)** - Learn about Friends of Foothills Society
- **[Latest Board Footnotes](#)** - Learning Focus
- **[Cell Phones in Schools Survey](#)** - Closed due to short turnaround by Gov't of AB, but you may want to know more.
- **[Calendar Released for 2024-2025 School Year](#)**

## HERITAGE HEIGHTS EVENTS

May 10  
Spring Photo Day  
Lifetouch

May 13  
Grade 9 LA PAT  
3:30 School Council Meeting -  
Friends of Foothills

May 14  
Grade 5-9 Track Day

May 17  
PD Day - No Classes  
PM Welcome to Kindergarten

May 20  
Victoria Day - No Classes

May 31  
1:00pm Pep Rally for Spring  
Sports

"Click-able" Calendars

- [School Digital Calendar](#)
- [Athletic Central](#)
- [Division Digital Calendar](#)

