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*High River*

**HALF**

In support of **faim**

[highriverhalf.com](http://highriverhalf.com)

**September 10th, 2022**

YOUTH  
OPPORTUNITIES

# WHO WE ARE

## faim

Founded in 1980, the Foothills Advocacy in Motion Society (FAIM) understands and celebrates the tremendous capabilities and potential of individuals with developmental disabilities. In each person resides an array of talents and gifts, and our role is to find a suitable environment in which these talents can manifest themselves to the benefit of all parties involved. Often, all that's required is opportunity. FAIM has forged many relationships with businesses in our local communities from which opportunities have arisen that have added to the lives of the many people we support.



## HIGH RIVER HALF FOR YOUTH

Going into its 20th year in 2022, the High River Half is an all-ages friendly running/walking event on the Happy Trails and rural outskirts of High River. We are pleased to offer a half marathon, 10k, 5k, and free kids fun run. One of our goals for 2022 is to include more youth, and to promote fitness and participation in cross-country and track programs in young people.

This event is particularly suited to school-aged children and teens for a few reasons. Our date is September 10th, right at the beginning of the cross-country season, making it the perfect training race. The terrain is flat, making for a pleasant run. Even for students who aren't runners, the 5k is a great opportunity for a walk outdoors. And we are always happy to provide a volunteer opportunity for students seeking to complete their community service hours.

The High River Half is one of FAIM's major annual fundraisers. We hope you will consider being a part of this amazing event!

