

# CYCLONE NEWS

## FALL / WINTER 2023



Dear parents and caregivers,

Thank you for your support in ensuring the start-up of our 2023-2024 school year was a success! The staff of Cameron Crossing would like to introduce our school's newsletter, which will be sent out every two months to all our CC families. The year so far has not gone without some big changes; however, our students are resilient and are making every day here at Cameron Crossing better than the one before.

As the seasons shift from the Fall, O'kosi, to Winter, Ssto yii, we have committed this year to celebrating the seasons and will be connecting to the land in various ways throughout the year and throughout the curricula- from Social Studies to Science, PE to Health. We are also focused on learning together about the Circle of Courage and building on our Sense of Belonging within our Cameron Crossing family.

Speaking of courses, we have had a tremendous level of participation in our option classes. PE, Art, Yoga, and now Foods have all been well attended and well received. We also have a number of students participating in a variety of volunteer opportunities this semester, including Santa's Workshop at the Millerville Christmas Market! We are very proud of our students for going out of their comfort zone and representing Cameron Crossing in such positive ways.

As we inch closer to November break (November 13-19) and then Winter break (December 25- January 5), we are excited for our students to be able to spend this extended time with family and friends. Semester 2 brings a look forward to Spring, Motoyi , and new opportunities for our students to engage in the outdoors and in our community.

~ Principal Ms. Crane & Vice Principal Mr. Gallacher

# ACADEMIC UPDATE



Mr. Dunlop & Ms. Spark



**CC Senior School:** As we reach the third month of the school year, I would like to compliment the students on the hard work they have shown over this year's start up. They have had a very successful beginning to their school year. Congratulations to our students who have already completed one or more courses, you have set a great starting pace and will have a very successful year. Physical Education, Yoga, Art and Foods are all up and running with many students participating in these option courses. As always, please contact me at the school if you have any questions about your child's academics. I look forward to the continued success of our students as we move forward together on their academic journey. ~ Mr. D

**CC Junior School:** It is hard to believe it is already the end of October! The Junior High students at Cameron Crossing have adjusted very well to their new school setting and are well underway into their ELA and Science courses. All students have been accessing their learning through the Foothills Digital Platform with supports from the Cameron Crossing staff. Students have also been engaged in options classes such as P.E., Art, Yoga, Health, and Foods classes.



We look forward to the remainder of this semester with the hopes of finishing up ELA and Science so students can move on to their Math and Social Studies courses. Stay tuned for highlights of the next couple months. Remember to visit our website and/ or Instagram. I look forward to meeting with parents during our student Learner Conferences next week. As always, should you have any questions or concerns please feel free to reach out to myself or Mr. Gallacher.

~ Ms. Spark



# *Cyclone* Social Media



Instagram:  
[@cameron.crossing.school](https://www.instagram.com/cameron.crossing.school)



Please feel free to follow the CC family and join Cameron Crossing School's **Instagram** account:

**@cameron.crossing.school**

It's a great way to celebrate all the fantastic participation from our students & staff!

Cameron Crossing School also has a webpage through the Foothills School Division. Check it out at:

[www.foothillsschooldivision.ca/cameroncrossing](http://www.foothillsschooldivision.ca/cameroncrossing)

# CC SCHOOL

# CULTURE



Shauna Laubman

Welcome to the 2023-2024 school year with the Cameron Crossing family. With significant changes to our school this year, it has taken some adjustments. Just like your family at home, things sometimes change. I am so proud of each of you how you have done your best to adapt to these changes and move our school forward in a positive way. Change is sometimes difficult, but change does happen. It is how we react that ultimately makes the difference.

### **What does it mean to be part of the Cameron Crossing family?**

- We care and respect for each other.
- We understand that everyone comes to school with a story that sometimes makes learning challenging.
- We are patient with each other.
- We take the time to sit down and get to know each other. We can put trust in each other and share even when it's challenging.
- We don't judge each other.
- We will accept each other wherever we are at.

With all of the changes in our school, it will take time to build up the trust and caring to become a close-knit family again. It is hard to be patient and know that time will improve relationships. It is worth the challenge. We are a family. Everyone is seen, heard and cared about here. ~ Ms. Laubman







Welcome back everyone! It has been an exciting start to the year with all of the new changes. This year at Cameron Crossing, the school is welcoming a Junior High Program, which we have been blessed with a second Youth Development Coach...

Hi everyone. I'm Alicia Henry and I am the new YDC for our Juniors! My family and I moved to Okotoks last fall and have been enjoying exploring this beautiful community. It's been a pleasure getting to know all of the students and being a part of the Cameron Crossing family! A portion of my role is to provide social emotional support. In our Health and Wellness Program, the Juniors have been exploring healthy eating habits, the importance of healthy sleep habits, and healthy relationships and friendships. We also are very fortunate to have two of our Senior students join us every week to help facilitate our art program. Thank you to both Lilli and Jenna for sharing your artistic abilities with us! ~ Alicia

For the Senior Program, I am Kendra Hayes. This is my third year here at the school and I am excited to work with all these amazing students. I have many roles here at the school, including the volunteer program, job searching and supporting students with their social, emotional needs. Both of us work closely with the Family School Liaison Counselor. ~ Kendra



Together we will be facilitating mindful moments where students will be able to take a break from their school day and develop some helpful tools with stress, anxiety and over all wellness. Here are some tips for the students to keep in mind not only to use at school but also in their everyday life. ~ YDC Team!



# CC "EXTRAS"

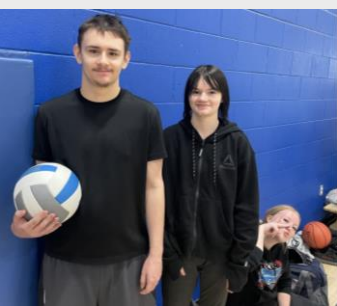
## Art~Foods~P.E.

Meegan Selby & Erin Bryant ~ EA



Hello we're Cameron Crossing School's Educational Assistants, Meegs & Erin, "The EA Dream Team"! We're here to support the CC family on all levels; academics, social-emotional, and a helping hand with all the extracurricular activities and courses we offer here at CC. We love to help the kiddos in facilitating and supporting their needs within our family school environment. Our students are supported in their academic courses, our focus for the newsletter will be to highlight all the fun "Extras" our students are involved and grow in. The Art Program focus on the therapeutic benefits, and for the senior students encompasses art credits. Foods is a fun way to promote social growth and team building, and they get to enjoy the fruits of their labour. The P.E. program focuses on student well-being, being active and promoting community involvement. The EA Dream Team is excited to share your kiddos involvement in all the "Extras" here at CC.

~ Meegs & Erin The EA Dream Team!





# Mental Health Minute

Krista Tincher - FSLC



Hello Cameron Crossing families, what a whirlwind of a start up with adding students and staff to this space. My name is Krista Tincher and I am the Family School Liaison Counsellor this year. I am very excited to be at Cameron Crossing, what a great school community this is. As a school we have been talking about the changes and impact everyone has felt this year, thank you to the students for being open and flexible to planned and

unplanned changes. A little about me, I am a mom of two teenagers as well as an aussie-doodle named Maverick, I am a Vancouver Canucks fan and my favorite summer pastime is going to music festivals with my family.

As we move into the colder darker months it is important we remember to get outside when we can, go for a walk or play in the snow with friends or siblings. Think about what you enjoy about winter, maybe it is cozy socks, watching movies, hot chocolate, puzzles or outdoor activities and then make plans to do those with friends or family. We also know that helping others can improve our mental wellness so offer to shovel your neighbor's walk or help a family member bake cookies. *"Stay cozy and warm."*

If you have any questions, please don't hesitate to reach out: [tincherk@fsd38.ab.ca](mailto:tincherk@fsd38.ab.ca)



winter  
isn't a season,  
it's a  
feeling

