

Healthful Reminders

Cold and flu season has arrived.

Foothills School Division is observing an influx in illness throughout the schools. Here are some reminders to lessen the spread of illness.

Watch for symptoms.

Fever, cough, vomiting, and diarrhea are reasons to stay home*. If you're unwell, please stay home.



Safety is everyone's priority.

Every student has a right to a welcoming, caring, respectful, and safe learning environment. This is the responsibility of all FSD employees, Trustees, parents, and students.



Wash your hands.

Good ol' soap and water or a sanitizing solution will limit the spread. Wash surfaces often too.

Stay at home.

We know, it sucks to miss out on work and school, but keeping yourself at home when you're sick is a great way to prevent anyone else from getting sick.



Systemic stability.

Keep your dollars in the classroom, rather than into finding relief teachers, bus drivers, or support team members.

By doing your part, you allow us to do ours--- providing quality education opportunities.

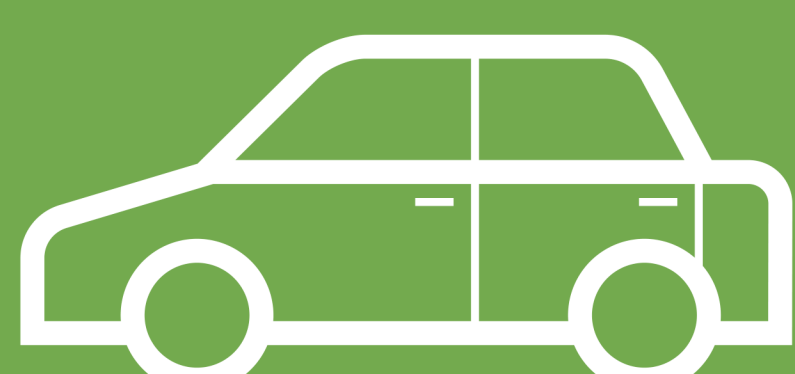


Other ways you can help.

Use your 'cough pocket' to conceal sneezes and coughs.

Be sure to contact your school regarding classroom attendance each day.

Encourage your peers to stay home if they're ill.



Your cooperation.

If a student or FSD Team Member falls ill during school hours, we will ask for the affected person to return home before the end of day.

Please have plans for adequate student home supervision.

**this is not an exhaustive list of symptoms.*