

Foothills Athletic Council Junior High A Volleyball League 2026

Version 3.0 (Sept 14)

All games best of 3, first two games capped at 27, final game to 15 if needed no cap. Host school to provide referee and scorekeepers. Teams will play full court unless otherwise arranged.

Teams

Red Deer Lake (RDL)	Heritage Heights (HH)
St Francis (StFA)	Strathcona Tweedsmuir (STS)
Meadow Ridge (MR)	St John Paul II (JP II)
Highwood (girls only) (HW)	Okotoks Junior High (OJ)
Westmount (WM)	Brant Christian (BC)
Notre Dame (girls Only) (NDC)	Edison (girls only)

HOME GAMES

AWAY GAMES

Thursday Sept 17
Girls play First

Home

Guest

HW

WM (girls only)

JP II

STS

MR

NDC (girls only)

OJ

BC

ED

HH (girls only)

PLEASE MAKE NOTE
OF WHO PLAYS FIRST

Tuesday Sept 22
Boys play first

NDC

RDL (girls only)

HW

HH (girls only)

STS

WM

BOTH TEAMS WILL PLAY SAME TIME

JP II

MR

StFA

BC

Wednesday Sept 23

MR

ED (girls only)

Tuesday Sept 29
Girls play first

RDL

STS

HH

MR

OJ

StFA

WM

JP II

NDC

BC (girls only)

HW

ED (girls only)

Thursday Oct 1

HH

BC

RDL

ED (girls only)

Tuesday Oct 6 Boys play first	RDL HH StFA NDC STS	OJ JPll MR (WM) (girls only) HW (girls only)
Wednesday Oct 7 BOYS PLAY FIRST	WM ED	BC JPll (girls only)
Tuesday Oct 13 Girls play first	JPll HH STS MR HW ED	RDL (play Thu Oct 15 - CRD PD Day) OJ ED (girls only) WM BC (girls only) StFA (girls only (play Thu. Oct 15)
Wednesday Oct 14 Girls play first	RDL HH StFA WM STS	HW (girls only) NDC (girls only) JPll OJ BC
Thursday Oct 15	NDC	ED (girls only)To be moved
Tuesday Oct 20 Boys play first	MR STS HW NDC JPll ED	RDL HH StFA (girls only) OJ (girls only) BC WM (girls only)
Wednesday Oct 21 Girls play first	OJ StFA ED	MR STS BC (girls only)
Thursday Oct 22	RDL MR STS WM	BC (girls first) HW (girls only) OJ (girls first) ED (girls only)(double header with Jr B)

Zone Qualifier Week

Tuesday Oct 27	RDL	HH
Girls play first	WM	StFA
	JPII	OJ
	STS	MR
	HW	NDC (girls only)

Wednesday Oct 28	WM	RDL
Boys play first	HH	JPII
	OJ	HW (girls only)
	NDC	StFA (girls only)

Thursday Oct 29	StFA	MR
Girls play first	WM	HH
	OJ	ED (girls only)
	JPII	HW (girls only)
	NDC	STS (girls only)

Playoffs

Team standings will go by league games won/lost. Ties are broken by the head to head competition.

We will do our best to have 2 games at a venue but this may not be possible

Monday November 2

League Quarter Finals (9th and 10th place girls team play each other for final game)

Higher seed is home team (girls and boys draw the same)

- 1st place vs 8th place (a)
- 4th place vs 5th place (b)
- 2nd place vs 7th place (c)
- 3rd place vs 6th place (d)

Tuesday Nov 3

Semi Finals	At -A winner	A winner vs B winner (E)
	At – C winner	C winner vs D winner (F)

9th place girls host 10th place girls

Wednesday Nov 4

Championships

At E	winner	E winner vs F winner
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Zones Weekend of Nov 13/14