

Westmount School

Junior High CTF and Fine Arts Course Interest 2026-2027

Please review the following information and course descriptions for Career & Technology Foundations & Fine Arts Options for the 2026-2027 school year. The purpose of this information is to provide a brief explanation of CTF, Fine Arts and Enrichment programming offered. Career and Technology Foundations general programming is on a rotational basis for all Junior High students while CTF and Fine Arts are Options built into student schedules with an Option block every day.

Option Courses are generally a semester although a couple are for the full year. Some classes such as Woods have a capacity limit of 21. Fees charged are for personal or consumable items that are required to offer a diverse level of programming. There are also no-fee options available for students to partake in. Fees will be set once numbers in Options classes are confirmed.

Full Year – e.g. Band, Musical Theater

Semester – Aug to Jan and Feb to June

We have met with students to get their feedback on potential offerings for next year taking into consideration staffing, space, and resources. As we complete timetabling, students will be able to login to Edsembli and make their Option selections which will be available to see in student timetables the first week of school. While we do attempt to give students some of their top choices this may not always be possible with limited class sizes. We will communicate with families when Option Selection is open.

PLEASE NOTE:

- Courses might be added in the fall; students will be notified if that happens.
- Courses might be removed based upon low enrolment numbers, scheduling conflicts or changes in teaching staff available. If this is the case, we will try to accommodate your other course interests. **It is important that students rank ALL course selections and do not use the same rank for more than one course.**
- We make every effort to place you in the course that you request, however we do take into consideration class sizes and students repeating the same option.

CTF Program of Studies Career and Technology Foundations (CTF) is a program that allows students to explore their interests and passions as they learn about various career possibilities and occupational areas. The CTF curriculum honours student diversity and promotes the meaningful and authentic exploration of various occupational areas. This curriculum supports programming decisions at the local level (e.g., time, resources, instructional approaches, assessment, reporting and organization for instruction). This is to ensure that CTF courses are responsive to the needs of students, teachers, schools, and communities.



Westmount School

2026- 2027 Jr High CTF Option Descriptions

Active Living

Hunter Education **Low Organized Games**

Outdoor Education **Sport Leadership**

Hunting/Fishing Education (Fee: \$80.00) – Semester 2

Are you interested in combining different skills and a love for the outdoors? Want to try new things out for lifelong activity? If so, this class is going to be a great one for you. Students will be involved in learning about the traditions, roles, responsibilities, ethics, and most importantly the ecology of hunting, fishing and the outdoors. This class will allow for students to properly identify animals and fish, learn about appropriate camp tool use, as well as experiencing different opportunities such as archery, range shooting, and fishing still and/or moving waters. There will be multiple day trips to explore different areas of town, the region, and mountains. There will be a course fee for this class which will cover, but it is not necessarily limited to, transportation, guest teachers, gear/consumables, and facility cost where applicable.

Outdoor Education (Fee: \$350) - Semester 2

Do you like to spend time outside? Do you enjoy learning new skills? Do you like to challenge yourself? Throughout this course, students will be actively engaged with a variety of outdoor activities that will be used to foster growth, responsibility and develop student leadership characteristics. Students will spend many days in the field with a potential of single day and multi-day overnight trips. (Such as the Ribbon Creek Hostel XC ski trip, backpacking to Tombstone or Point back country campgrounds.) Some activities that have been offered previously are day hikes, backpacking, indoor rock-climbing, cross-country skiing, snowshoeing, bouldering, pool kayaking. The course fee covers our transportation, guest teachers, permits, facility rentals and where applicable consumable materials. Please note that off-campus excursions require a minimum number of adult chaperones (male and female) as per Division AP 260 Field Trip guidelines. Parents/guardians volunteers will be needed to help facilitate these experiences. Each semester will have different opportunities depending upon the season offered.

Sport Leadership (no fee) - Semester 1 & 2

Would you like to develop your basic skills in a variety of different sports? Would you like to develop your leadership skills? Do you have a sport expertise that you'd love to share with younger students and help them improve their skills? Students in sports leaders' class have endless opportunities to be a leader for our Westmount family. We are looking for students that are interested in planning, organizing, coaching and reffing intramurals for our elementary students and setting-up and score keeping for our

basketball/volleyball games. Our goal is to help develop essential basic physical literacy to give students the confidence to be active for a lifestyle. We also want to build essential life skills such as organization, motivation, communication and working with others—all which enable our sports leaders to inspire our Westmount community to live more active and healthy lifestyles.

Low-Organized Games (No fee) - Semester 1 & 2

Do you want to engage in some activity and have fun? Do you want to come and learn a new game or two? Are you open to testing your leadership skills in an engaging environment? If this is appealing, then this would be the option for you then!! In this option we will play and engage in activities and games that will only take a few moments to set up and have only a few rules. We will also have our students work on leadership skills through creating and presenting a game to their classmates. Students will be expected to be actively engaged in the class while working positively with others on a variety of tasks or activities during that time. We look forward to having you join us!!

Fine Arts

Inspire Studio

Band

Drama

Visual Arts

Musical Theatre

New Media

Band (Fee: Consumables, clinicians \$75.00; Band Instrument Rental (if rental needed) - \$150.00) - Full Year

Get ready to unleash your inner musician! This high-energy band course is your backstage pass to powerful performances, creative expression, and unforgettable experiences. Whether you play brass, woodwinds, or percussion—or you're just starting out—this class is your place to grow, groove, and shine.

You'll master your instrument, learn to play in harmony with others, and explore everything from classical masterpieces to modern hits. With exciting concerts, fun competitions, and the thrill of playing as a team, band class is more than music—it's a movement. Join the band. Find your rhythm. Be part of something bigger than yourself. No experience? No problem. Just bring your passion and let's make music together!

Drama (Fee: \$15.00) - Semester 1 and 2

Get to know yourself and others through games, activities, and acting exercises! This class is designed for students who are interested in developing their acting skills with performances in class time, to allow them to develop their confidence as a performer. Students are introduced to drama through 6 main areas of study: movement, speech, improvisation, acting, theatre studies and technical theatre. This is a participation-based class where students gain self-confidence through various orientation exercises, games, short scenes, improvisation, and characterization. As actors and actresses do, you will perform in a variety of ways to showcase your learning and develop your skills.

Inspire Studio (Fee \$50.00) - Semester 1 only

Get ready to unleash your creativity in this thrilling arts and crafts class! Dive into a world of imagination as we explore a dazzling array of unconventional artistic supplies. Imagine designing vibrant textiles that tell your own story, crafting culinary masterpieces that are as delicious as they are beautiful, and building intricate crafts that will leave everyone in awe. Each project will be a unique masterpiece, crafted with

your own hands. And guess what? Holiday themes will add a festive twist to our adventures, making every session a celebration of creativity. Prepare for an exciting term filled with new and thrilling projects that will spark your curiosity and ignite your passion for art!

Musical Theatre (Fee: \$50.00) – Full Year

Musical Theatre is designed for students who are interested in learning various aspects of performance techniques. Students will have the opportunity to learn acting, singing and dancing all at the same time, with the common goal of participating in the Annual Westmount School Musical Theatre Performance. Performance skills will be developed through auditioning, building character and preparing for our year end performance. This is a participation-based class that provides students with a variety of experiences that develop self-expression, creativity and communication through music and drama.

New Media Technologies (Fee: \$20.00) – Semester 2 only

Get ready to unleash your creativity in this thrilling digital arts course! Whether you're passionate about crafting digital masterpieces, snapping epic photos, or editing jaw-dropping videos and music, this course is your playground. Embark on a personalized adventure filled with exciting challenges that will push your artistic skills to new heights. Are you ready to become a digital art superstar? Let's get started!

Visual Arts and Fabrication (Fee: \$40.00) – Semester 1

Step into the world of creativity with Visual Arts, where your ideas come to life through line, shape, form, space, value, color, and texture—the seven elements of art that power every masterpiece! In this hands-on course, you will Draw from observation and imagination, Paint with vibrant colors and bold techniques, Sculpt using clay and other 3D materials and Printmaking and experiment with mixed media. You'll also take a journey through art history, discovering the stories and styles of artists from around the world, and learn how to critically analyze artwork—including your own—with confidence and creativity. Whether you're picking up a pencil for the first time or already sketching in your free time, this course is your chance to grow as an artist and express yourself in exciting new ways. No experience needed—just bring your imagination!

CTF

Construction/Woods

Foods

Engineering Challenges

Photography

Business & Entrepreneurship

Coding

Wolfpack Leaders

Cosmetology

Classroom Leaders

Business & Entrepreneurship (Fee: \$30) - Semester 2 only

Bring your creative ideas and innovative thinking and explore how to turn those in to a business. This course will cover types of businesses, how to come up with ideas for starting a business, funding, market research, and product testing and validation. Students will gain skills in brand and logo design, website design, marketing content creation, and pricing products and services. This course will also prepare students to conduct themselves and communicate professionally with clients.

Classroom Leaders (No fee - limited space - 14 students max) – Semester 1 and Semester 2

Do you have an interest in volunteering in Elementary classrooms and working with younger students? Under the guidance of teachers, Classroom leaders work in a variety of roles including mentorship for younger students and/or completing organizational tasks. Classroom Leaders provides students an opportunity to develop their leadership skills including communication and collaboration.

Coding (Fee: \$20.00) Semester 1

Coding gives students the opportunity to explore the exciting world of programming through hands-on projects and creative problem-solving. Our primary focus is the Arduino *30 Days Lost in Space* program, where students learn to build circuits, write code, and troubleshoot as they complete engaging challenges. Students also have the chance to code with Micro:Bits, experiment with programming in Minecraft, and create interactive projects in Swift Playgrounds. Along the way, they develop computational thinking, perseverance, and logical reasoning while strengthening important mathematical skills such as pattern recognition, sequencing, problem-solving, and precision. Coding is an essential skill for the future, helping students become confident creators and critical thinkers in a technology-driven world.

Construction/Woods (Fee: \$60.00 - max 21 students/semester) – Semester 1 and Semester 2

Want to do something creative? Build something from nothing and be proud of your accomplishment? Come and join Construction class, we would love to have you. Students will learn about appropriate and safe tool use to start off. They will learn to design, measure, and build a project from scratch. Students will develop an understanding of basic joinery skills. Some ideas may incorporate planning, constructing, assembling, finishing, and evaluating projects. Time and project management will be an important skill to learn and use throughout your project. Come prepared to get your hands dirty and become creative!

Cosmetology (Fee: \$50.00) Semester 1 only

Express your creativity in the exciting world of beauty and wellness! In this hands-on introductory cosmetology course, students will learn practical skills they can use every day while exploring careers in the beauty industry. Mastering a basic manicure, learning a variety of braiding styles, designing updos, and heat styling are some of the fun things students can expect to try! Students will also explore makeup application, develop personalized skincare routines, and create and apply face masks while learning the importance of hygiene, safety, and self-care.

Engineering Challenges (Fee: \$20.00) – Semester 2

In this hands-on Engineering Challenges option, students will explore creative problem-solving through a variety of design and building projects that connect to the Career and Technology Foundations (CTF) program, which encourages students to discover interests and real-world applications of their learning. Working individually and in teams, students will design, test, and improve solutions to engaging challenges such as building structures, creating simple machines, and solving practical problems using limited materials. Emphasis is placed on the engineering design process, including brainstorming, prototyping, testing, and refining ideas, while developing skills in collaboration, critical thinking, and resilience. This course is ideal for students who enjoy hands-on activities, thinking creatively, and tackling new challenges in a supportive and fun environment.

Foods (Fee: \$80.00 - max 24 students/semester) – Semester 1 and Semester 2

Are you ready to chop, mix, taste, and explore your way around the world—right from your classroom kitchen? In this hands-on, flavour-packed course, you'll become a kitchen pro while having a blast! You'll learn the secrets of safe and smart cooking, master essential kitchen skills, and discover amazing dishes from cultures across the globe. You'll dive into food and kitchen safety, practice real cooking techniques, and experiment with new ingredients and flavors. From tacos to sushi to samosas, you'll explore global cuisines and create delicious dishes that will wow your taste buds. And just like on *MasterChef*, you'll take on exciting "Mystery Box" challenges where you'll cook up creative meals using surprise ingredients. You'll also team up with classmates for fun, fast-paced cooking competitions that test your skills, teamwork, and imagination. Along the way, we'll explore exciting careers in the food services industry—from chefs and bakers to food stylists, nutritionists, and restaurant entrepreneurs. You'll get a taste of what it's like to turn your passion for food into a future career. Whether you're a total beginner or already love to cook, this course is your chance to shine in the kitchen, try new things, and maybe even discover your signature dish. Get ready to stir, sizzle, and serve up something amazing!

Photography (Fee: \$20.00) Semester 2 only

Have you ever wondered how a camera captures a moment or how a single photograph can tell a powerful story? The Photography class for Grades 7–9 gives students the opportunity to explore the art and science of photography while developing their creativity and technical skills. Students will learn about the history and evolution of cameras, discover how cameras work, and analyze famous photographs to understand what makes an image memorable and meaningful. Through hands-on projects, students will build and use their own pinhole cameras, experiment with digital photography, and learn important techniques such as composition, lighting, perspective, and camera angles. Most importantly, students will be challenged to see the world in new ways and capture images that reflect their unique perspectives, ideas, and experiences. Whether you are an aspiring photographer or simply curious about the world around you, this course will help you develop a creative eye and tell stories through the power of photography.

Wolfpack Leadership (\$15) – Semester 1

Are you ready to make a difference in our school? The Leadership class for Grades 7–9 is designed for students who want to develop their confidence, strengthen their leadership skills, and have a positive impact on their school community. Throughout the course, students will explore different leadership styles, discover their own strengths as leaders, and learn how character, integrity, and decision-making shape effective leadership. Students will build communication, teamwork, and collaboration skills while planning activities, mentoring younger students, and helping organize school events. From Spirit Days and assemblies to service projects and student recognition initiatives, leadership students will play an important role in creating a positive and engaging school culture. Through hands-on experiences and personal reflection, students will grow as leaders while making lasting contributions to our school community.

Second Language Instruction and Academics

French

FRENCH as a Second language (Non-French Immersion) (No Fee) – Semester

(NOTE: Will only be offered if enough students enrol)

Want to learn a new and exciting language that **is** one of the most beautiful languages in the world? The course will introduce you to all that French culture has to offer, such as music, food, movies and more. You will also learn basics of the French language so you can travel, **open** your job opportunities, and speak both of our official languages! Through games, reading, short plays and interactive computer experiences, students will begin to speak, listen, read, and write in French. This course is made for students with little to no prior knowledge of the French language.

Mathematics

Math 10C Prep – Grade 9 students only (No Fee) – Semester 2

(Note: Will only be offered if enough students enrol)

Our grade 9 students are preparing to enter the world of high school. Many are looking for some extra preparation prior to entering Math 10C. Working primarily through a Math 15 (10C prep) course online, students will review the important concepts that are necessary for the beginning of Math 10C.

Learning Den - By Special Parent Request Only (No Fee)

We understand that some of our students engage in high-end athletics or specialized events during their extracurricular time. These events often result in students being absent from school and requiring additional time to catch up on their studies. The CTF (Options) Curriculum is an essential component of the Alberta Education Curriculum, and all students are mandated to participate. However, if a student necessitates extra time to catch up on their studies, parents may request this through the school administration. Students are not permitted to sign up or request this class independently. If you wish to make arrangements for your child to access the Learning Den, parents can directly contact the school administration via email.