

Week at a Glance

# **Community Connect**

### **Lifetouch Spring Pictures**

Wednesday May 3rd - Kindergarten to Grade 5

Thursday May 4th - Kindergarten and Grade 6 - 9

Two parent volunteers are required for each day. Start time would be at 9 am until photos are completed (about a half day, maybe less)

If you can help out, please contact the office at <u>meadowridge@fsd38.ab.ca</u>

#### Popcorn + Pop Fundraiser

Date: Wednesday, May 10 When: 12:20 - 1:05 Selling: Popcorn \$3, Pop \$2, Seasoning 50 ¢ K - 3: Only offered popcorn Where: Foods Room Grade 4 - 9. Deliveries To J

Where: Foods Room Grade 4 - 9. Deliveries To K - 3

All the money collected will be donated to the Dominican Starfish Foundation Lunch Program

#### TRACK & FIELD NEW DATE

Our Jr High Track & Field Meet will be held on Friday MAY 12th at HTA.

We are looking for parent volunteers!

If you are able and interested in helping out for the day, please email Jodie Colfer at

#### colferj@fsd38.ab.ca

by Friday May 5th.

Volunteers are needed and appreciated to be available from 8:30am - 3:30pm.

Thank you in advance!

SAVE THE DATE: FOOTHILLS YOUTH MENTAL WELLNESS SUMMIT

YOUTH MENTAL WELLNESS SUMMIT JUNE 6, 2023 | 9:00 AM – 3:00 PM OKOTOKS CENTENNIAL CENTRE BRIDGING THE SILOS

This June, agencies from across the Foothills region will convene to consider and collaborate on youth mental health

and wellness resources. As we continue to understand the breadth of mental wellness within our communities, the 2023 Youth Mental Wellness Summit will address the questions brought forward from last year's Summit. Questions include the state of youth mental wellness in our community, how community and recreational activities impact youth mental health and wellness, what are the resources available for our youth, and how can we bridge the gaps in service. There will also be an opportunity for identifying the stories of resilience from our community.

The Youth Mental Wellness Summit will be facilitated by Mark Frezell, a Calgary-based author and executive coach. Together, local agencies and key perspective holders will build a pathway of resilience that is meaningful and accessible to our youth. Youth voice will be leveraged outside of this event through focus group activities to best engage our target demographic.

This year's Youth Mental Wellness Summit is bought to you by The Network and has been made possible through our community partners: Alberta Health Services, Calgary Rural Primary Care Network, Foothills School Division, McMan Youth, Family & Community Services Association, and the Town of Okotoks.

More details for registration to come.

## FOOTHILLS FINE ARTS SUMMER CAMP

July 3 - 14 & July 17 - 28, 2023

FSD is offering students in **grades 4 to 8** a unique summer camp experience this July. This experience will center around the fine arts including drama, a variety of artistic opportunities, and cultural experiences. This camp will provide FSD students with an opportunity to engage in and experience the fine arts programming offered at the Foothills Composite High School / Alberta High School of Fine Arts in Okotoks.

Summer Camp Link



BUDGET PUBLIC ENGAGEMENT

Public Engagement Link

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#### Want to stay up to date with what is happening!! Please click on the links

Meadow Ridge School Website

Grizzly Announcements

Hot lunch Volunteer Sign-up: Click here to sign up to volunteer

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