



Week at a Glance

Community Connect

Volume 17

Be Part of the Movement - Register Today!

Join our school and help Heart & Stroke save lives by jump-starting your fundraising. Here's how:

Visit jumpropeforheart.ca and click "Register" and search for our school's name or copy and paste the school link below to register right from our school page!

Help your child set up their fundraising page online. It's never been easier



School Page Link :

<https://jumpropeforheart.crowdchange.ca/17057>

(Copy and paste this link into your internet browser)



NO School for students

Monday February 20th – Friday February 24th

ENJOY YOUR BREAK

HOTLUNCHES.NET

MAKING HOT LUNCH SERVICE EASY FOR EVERYONE

27 Edo	28	1 March	2 McDonald's Breakfast	3 Papa John's Pizza
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How Jump Works

It's as easy as 1, 2, 3, 4!

-  Register online & start your Jump experience!
-  Play the EASY Online Challenge & track Healthy Habits.
-  FUNdraise to help beat heart disease and stroke.
-  Jump into a fun-filled Event Day! Time to celebrate & redeem rewards!

UPCOMING Event



Grade 7 – 9 Ski Trip
Monday February 27th
Time: 6:45 AM



Want to stay up to date with what is happening at Meadow Ridge School?

Please click on the links:

[Meadow Ridge School Website](#)

[Grizzly Announcements](#)

Hot lunch Volunteer Sign-up: [Click here to sign up to volunteer](#)