



Week at a Glance

# Community Connect

[Meadow Ridge School Website Link](#)

Volume 8

We'd like to remind families that students do **NOT** have access to a microwave or kettle during lunchtime. Please ensure that lunches are packed with foods that can be eaten cold or at room temperature.



Thank you for helping us keep lunchtime running smoothly!

**HOTLUNCHES.NET**  
MAKING HOT LUNCH SERVICE  
EASY FOR EVERYONE



NOVEMBER

24	25 Opa	26 Homemade-PULLED BEEF SLIDER/LASAGNA/CHICKEN PASTA	27 McDonalds	28 Homemade- POUTINE/PULLED PORK BUN
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**GREATER FOOTHILLS FAMILY CENTRE**

**DECEMBER 2025 Programs for Children & Families Early Childhood Programs**

**Stay & Play Program- High River**  
Come in and check out our beautiful playroom. We always have craft, learning activities and fun toys to explore! Can't make it to our High River space? Check out the Outreach communities that we visit weekly.

**The Playroom is OPEN**  
Tuesdays 9-11:30am  
Wednesdays 1:00-3:00pm  
Thursdays 9-11:30am  
Saturdays 9-11:30am  
\*Please see the back for holiday hours and closures.

**Little Wiggles-High River**  
Mondays, December 18 & 19 @ 10am  
If you have a baby 0-12 months old, please join us for Little Wiggles. Each class will provide an opportunity to connect with other caregivers and find out about your baby's development. There will also be time for discussion and fun activities for parents included in every class. Classes are facilitated by team from HRC.

**Gift of Giving-Milo**  
Monday, December 8 @ 10:30am  
Registration is required.  
The GIFT OF GIVING will provide children with the opportunity to practice kindness and doing for others. Children will be working on a gift to give to someone special. \*Registration is required. \*Parental class.

**Holiday Crafting- Vulcan**  
Mondays, December 18 & 19 @ 1:30pm  
Registration is required.  
Join us in December at the Vulcan Lodge Hall for some holiday crafting, songs, stories and more!  
This program is for children 3-6 years of age. \*Parental class, Registration is required.

**Little Chefs- Holiday Baking-High River**  
Tuesday, December 2 from 1:30-3:30pm  
Registration is required.  
Join us for this one time, two hour class full of yummy holiday treats! Your Little Chef will love this hands on baking opportunity.  
Please be so aware of any allergies at the time of registration.  
This program is for children 3-6 years of age. \*Registration is required. \*Parental class.

**Santa's Workshop- High River**  
Wednesdays, December 3 & 10, 2025 @ 10am  
Registration is required.  
Let your child explore the world of building and constructing. This exciting program helps develop problem solving skills and fine motor skills while getting to see tools to create their very own special "Santa's workshop" themed masterpiece! Little Carpenters is for children 2-6 years of age. \*Registration is required. \*Parental class.

**Gift of Giving- Diamond Valley**  
Thursdays, December 4 & 11, @ 9:30 or 11am  
Registration is required.  
The GIFT OF GIVING will provide children with the opportunity to practice kindness and doing for others. Children will be working on gifts to give to others. \*Registration is required. \*Parental class.

**Gift of Giving for Ts & Zs-High River**  
Fridays, December 5 & 12 @ 10am  
Registration is required.  
The GIFT OF GIVING will provide children with the opportunity to practice kindness and doing for others. Children will be making gifts to give to others. \*Registration is required. \*Parental class.

**Stay & Play- Claresholm**  
Tuesdays, December 2 & 9 & 16 9:30-11:30am  
Join us in Claresholm, upstairs at the Claresholm arena on Tuesday mornings. We will bring crafts, activities, stories and more. No registration is required. Just drop by and say hi!

**Stay & Play- Nanton**  
Wednesdays, December 3/10 & 17 - 9-11 am  
Join us in Nanton at the United Church on Wednesday mornings. We will bring crafts, activities, stories and more. No registration is required. Just drop by and say hi!

**Stay & Play- Stavelly**  
Wednesdays, December 3/10 & 17-9:30-11:30am  
Join us in Stavelly at the Youth Hall on Wednesday mornings. We will bring crafts, activities, stories and more. No registration is required. Just drop by and say hi!



**School Age Programs For Parents and Caregivers...**

**Kids Club- Holiday Baking**  
Mondays, December 1 & 8 at 4:15pm  
Kids Club will come together this month to join in making a variety of yummy holiday treats! This program is for 6-12 year olds, and will provide hands on baking opportunities.  
Please be so aware of any allergies at the time of registration. \*Registration is required.

**Positive Parenting Strategies**  
Ongoing, flexible delivery, in person or via Zoom  
Triple P is a parenting program but it does not tell you how to be a parent, it is more like a toolbox of ideas. You choose the strategies you need. You choose the way you want to use them. It is all about making Triple P work for you! Triple P can help you raise happy, healthy kids, manage your kid's behavior, set positive and rules, balance work and family and much more. To find out more, connect with one of our trained facilitators at 403-652-8633 or tell me at 1-877-652-8633.

**Special Events**

**Shop, Wrap & Roll**  
Thursday, December 4th from 2-7pm  
(participants choose one time slot to register for)  
Kids, ages 3-12 can join us on Thursday, December 4th from 2-7pm in our pop-up shop to purchase a gift for the important adults in their lives each gift is a token and all proceeds will go to families in need in our community. \*Registration is Required.

**The Great Gingerbread Build**  
Tuesday, December 9th- choose one of the timeslots between 10am-4pm to sign up  
Join us on Tuesday, December 9th, 2025 for the Great Gingerbread Build. Get into the holiday spirit with our fun hands on gingerbread decorating session. Each family will receive a pre-made kit with everything you need to create the most delicious gingerbread house. There will also be gingerbread cookies available for decorating and eating of course! Each timeslot is 1 hour long. \*Registration is Required.

**Holiday Hours**  
There will be no Stay & Play on **Tuesday, December 9th**  
**Thursday, December 11th or Wednesday December 17th**  
Family Centre Programs will not be running over the Christmas holidays from **December 19th, 2025-January 4th, 2026**  
Our office will be **OPEN** for information and referrals until **December 23rd** and then closed from **December 24th, 2025-January 4th, 2026**.  
We will return to regular programming on **Monday, January 5th, 2026**.

**To register**  
For more information, please call 403-652-8633

**SCAN ME**

We are grateful for your support and commitment to families.

High River, St. Mary's, Alberta Government

**GREATER FOOTHILLS FAMILY CENTRE**

**THE GREAT GINGERBREAD BUILD**

**TUESDAY, DECEMBER 9TH, 2025 FROM 10AM-4PM**

**JOIN US FOR THE GREAT GINGERBREAD BUILD. GET INTO THE HOLIDAY SPIRIT WITH OUR FUN HANDS ON GINGERBREAD DECORATING SESSION. EACH FAMILY WILL RECEIVE A PRE-MADE KIT WITH EVERYTHING YOU NEED TO CREATE THE MOST DELICIOUS GINGERBREAD HOUSE. THERE WILL ALSO BE GINGERBREAD COOKIES AVAILABLE FOR DECORATING AND EATING OF COURSE! EACH TIMESLOT IS 1 HOUR LONG. REGISTRATION IS REQUIRED.**

**SCAN ME**

**JOIN US FOR A FREE CHILDREN'S CHRISTMAS PARTY**

**For families in need**

**Hosted by Okotoks Service Clubs**

**Saturday, December 6 | 11:00 AM**

**Okotoks Elks Club**

**SPECIAL VISIT FROM SANTA!**

**FUN ACTIVITIES & TREATS FOR ALL!**

**SCAN ME**



Week at a Glance

# Community Connect



Please stop by to look at our growing pile of clothes etc.  
On Friday, November 28<sup>th</sup> all things will be donated to charity.

## REMINDER:

2025-2026 Instructional Calendar Updates

- Monday, November 24<sup>th</sup>  
Instructional Day for students.



## Okotoks Foodbank

The Okotoks foodbank will be offering a Christmas Dinner Hamper again for residents of the Okotoks area!  
Registration will be open on their website from  
**Wednesday, November 12<sup>th</sup> through  
Friday, December 7<sup>th</sup>.**

More information can be found on their website in the coming days: <https://okotoksfoodbank.ca/>



The Magic of Christmas is stirring!

The Magic of Christmas is a 100% volunteer run, non-profit organization that helps spread Christmas cheer to families experiencing financial hardship or families needing a bit of extra Christmas cheer. If your family could benefit from this program, please contact Madison Darel, Family School Liaison Counsellor, at [darelm@fsd38.ab.ca](mailto:darelm@fsd38.ab.ca).

The **deadline to register is November 25<sup>th</sup>, 2025.**

For more details see [www.themagicofchristmas.org](http://www.themagicofchristmas.org).

This year Santa and his Elves will meet each family **Saturday, December 20<sup>th</sup>** in Okotoks, have pictures taken with Santa, and share lots of smiles and good wishes!  
**Are you wanting to help those needing additional support this year?**

Donations can be made to the Magic of Christmas at their website listed above.



## DRESSING FOR THE WEATHER!!

### Reminder:

**Students will go outside unless the weather REACHES -20 (including the wind chill) and may be learning outdoors during class as well.**

**Please ensure that your child(ren) wear appropriate clothing for the colder weather.**