



Week at a Glance

Community Connect

[Meadow Ridge School Website](http://www.meadowridge.ca)

Volume 3

National Day for Truth & Reconciliation

SEPT 30

NO
SCHOOL



Tuesday September 29th

Finding the Right Balance



Sports, clubs, lessons, and extracurricular activities can be wonderful opportunities for children to develop interests and friendships. At the same time, busy schedules can leave students feeling stretched thin.

A few things to consider:

- Make sure there is still time for sleep, homework, and downtime.
- Pay attention to signs that your child's schedule may feel overwhelming.
- Let children have some say in which activities they participate in.
- Protect some unstructured family time.
- Remember that children don't need to be busy every minute of the day.

THINK 4-H MIGHT BE FOR YOU?



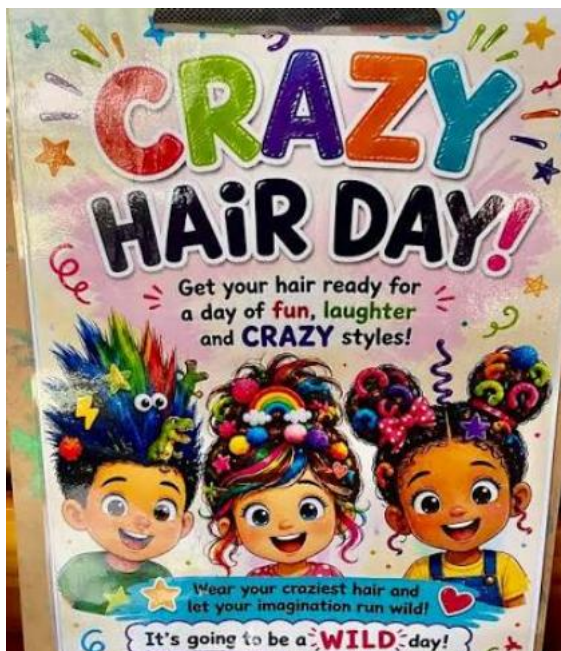
JOIN THE CLUB!



PARENT MEETING Oct 7th @ 7pm
Millarville Racetrack Hall

www.millarvillestockland4h.com

Friday October 2nd



NEW MAIN DOOR PROCEDURES:

DOORS WILL REMAINED LOCKED

PLEASE PRESS THE WHITE BUTTON

(Only rings in the office and not school wide)

WAIT TO HEAR THE CLICK AT THE FAR-LEFT DOOR TO BE LET IN

Thank you for your cooperation



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Attendance and Absence Procedure

It is important to know if students are leaving school in case there is an emergency. Everyone must be accounted for. Meadow Ridge is a closed Campus which means students are expected to stay on the school grounds during lunch.

To leave school early, parents should notify their child's teacher of the time they will need to be pick up their child and the teacher will send them down to the office to sign out prior to pick up.

To call in an absence, you have two options:

- Send an email to our school's attendance at mrsattendance@fsd38.ab.ca and your child's teacher.
- Call the school and leave a message on the attendance line: 403-995-4808 – Press 1 for attendance

If you call the school for any other reason and we do not answer, please leave a message. We have software which transcribes messages into an email. We check the school emails regularly throughout the day

Please stop by to see if something belongs to you!!

