

# INCLUSIVE LEARNING, WELLNESS AND WELL-BEING

MAY 2025

## WELCOME TO OUR FLOURISHING LEARNING COMMUNITY!

Within Inclusive Learning, we believe that every student has the right to access meaningful and purposeful learning opportunities within a supportive environment.

In relation to workplace wellness and student well-being, Dr. Bruce Perry says it best: "A regulated, calm adult can regulate a dysregulated, anxious child, but a dysregulated adult can never regulate a dysregulated child."

## SUCCESS

- Additional supports within C.O.P.E., further expanding the continuum of supports
- Updated Attendance Toolkit



## SUPPORT

- Educational Assistants Professional Learning Series
- Restorative Practices training for FSLCs and Administrators
- Universal therapy supports in the classroom

## ENGAGEMENT

- Students' Matters - developing student leaders
- Staff Advisory - advancing workplace wellness
- Guarding Minds at Work survey - staff voice





## ON THE GO...

- School Linked Meetings
- Common Therapy Templates
- File Reviews
- Further development of support spaces
- Further development of website resources for Wellness & Well-Being



## ON THE HORIZON...

- Development of Universal SLP Cards
- Leadership learning for Students' Matters
- SIVA train the trainers training
- SIVA training for administrators, learning coaches, and educational assistants



## ABOUT US

### INCLUSIVE LEARNING, WELLNESS & WELL-BEING

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