

MAKING THE MOVE TO HIGH SCHOOL



TABLE OF CONTENTS

GET ON TRACK.....	2
RESEARCH YOUR OPTIONS.....	3
Check out school websites and social media	
High School options in FSD	
Learning over the summer	
Attend Open Houses	
ENROLL AT A SCHOOL.....	4
Your designated school	
Other school options	
School of choice	
Our High Schools	
CHOOSE YOUR COURSES.....	6
Alberta High School Diploma requirements	
Course credits	
Course numbering	
Course sequences	
CORE COURSES.....	8
English Language Arts	
Social Studies	
Mathematics	
Science	
Career and Life Management (CALM)	
Physical Education	
YOUR PATHWAYS.....	13
Knowledge & Employability	
Optional academic programs	
Advanced Placement	
French Immersion	
Career Education	
Career and Technology Studies	
Dual Credit	
Off-Campus education	
Registered Apprenticeship Program (RAP)	
Green Certificate Program	
YOUR HIGH SCHOOL PLAN.....	17
PREPARE FOR SCHOOL.....	18
Registration	
Transportation	
Accessing your course information	
STUDENT SUCCESS.....	19
Supports at school	
Planning post-secondary studies	
Specialized programming	
Get awards, scholarships and bursaries	
GET ENGAGED.....	20
Students' Matters	
Indigenous Advisory Circle	
Sports and Clubs	
OUR COMMUNITY.....	21



ADVANCING INTO HIGH SCHOOL

You want to feel prepared for high school. Read through this guide, talk to your family and teachers, and attend open houses to decide what's best for you.

Stay in the know about what's happening in the Division:

- visit foothillsschooldivision.ca
- follow us on social media:

 [foothillsschooldivision](https://facebook.com/foothillsschooldivision)

 [foothills.school.division](https://instagram.com/foothills.school.division)

Special thanks to:
Edmonton Public School Board
FSD Academic and Career Advisors
FSD Communications

GET ON TRACK

There are lots of steps between finishing Grade 9 and starting your first day of high school. Here's what you can do *now* to stay on track.



ENROLL AT A SCHOOL

This will happen automatically as you advance through our schools, *unless* you're applying to a school or program of choice

ENROLL IN SUMMER SCHOOL

Registration opens April 15



SCHOOL STARTS

Check the FSD website for the most up to date instructional calendar

JANUARY

RESEARCH YOUR OPTIONS

Start now

ATTEND OPEN HOUSES

Starting in January



APRIL

GET FALL TIMETABLE

These are published in August in Edsembli

AUGUST

PREPARE FOR SCHOOL

During summer break

SEPTEMBER



RESEARCH YOUR OPTIONS

Take the time to find information about schools you're interested in and choose one that suits you.

CHECK OUT SCHOOL WEBSITES AND SOCIAL MEDIA

Find a list of high schools at foothillsschooldivision.ca/page/17/find-a-school.

Explore school websites to learn more about what you can look forward to, including:

- programs and courses
- registration dates
- athletics and clubs
- news and events
- services for students
- school culture

▶ HIGH SCHOOL OPTIONS IN FSD

- **École Secondaire Foothills Composite High School**
- **Alberta High School of Fine Arts** - Okotoks
- **École Secondaire Highwood High School** - High River
- **Foothills Digital School** - based in Okotoks
- **Oilfields High School** - Diamond Valley
- **Foothills Outreach Education Centre** - Okotoks

▶ LEARNING OVER THE SUMMER

FSD Summer School can help you complete required courses, free up space in your timetable, upgrade marks or finish your diploma. You can choose from a variety of 10-, 20- and 30-level subjects and finish courses in under four weeks. Registration opens in the spring.

To learn more, visit: [FSD Summer School](#)

▶ ATTEND OPEN HOUSES

Trying something new feels better when you're prepared. Take the guesswork out of choosing a school and join us at an open house! Discover what programs, activities and complementary courses await you next year. Chat with teachers and ask questions to find out what feels right for you.

Check out the high school websites linked on [page 5](#) for information on upcoming events, tours, and open houses.

ENROLL AT A SCHOOL

YOUR DESIGNATED SCHOOL

Every resident student of Foothills School Division has a designated school (though it may not be the one closest to your home).

Find your designated school at foothillsschooldivision.ca/find-a-school

OTHER SCHOOL OPTIONS

If you prefer to attend a different **School of Choice** outside your designated school attendance boundary:

- Families residing within **FSD boundaries must submit Form 1a.**
- Families residing within **other jurisdictions (ie: Calgary), must submit Form 1b.**

THE PROCESS TO REQUEST A SCHOOL OF CHOICE IS:

1. Discuss your preference with the principal of your designated school, and provide the reasoning for your *School of Choice Application*.
2. The Principal of your designated school completes their section to indicate a meeting has occurred and provides it to the family.
3. If you wish to proceed with the application, you may submit the form to the principal of the requested School of Choice for their consideration.
4. If the Application is not approved, your family may appeal the decision by submitting the Application and supporting documentation to the Superintendent of Schools.

PLEASE BE AWARE

- Students that are accepted to attend a School of Choice do not reapply annually, they may continue to attend the school until they transition out of that location.
- Students should not expect to automatically transition to the school that the out of attendance area school feeds into. An application must be submitted.
- Transportation is not guaranteed; see foothillsschooldivision.ca/page/466/transportation for details.



For more information about high school registration, visit foothillsschooldivision.ca

OUR HIGH SCHOOLS

Our high schools offer something for everyone! With many offering similar core and complimentary courses, below is a quick overview of the specialized programming each school offers at their site.

École Secondaire Foothills Composite High School - Okotoks

- Grades 10-12
- French Immersion Program

Alberta High School of Fine Arts - Okotoks

- Grades 10-12
- Alberta Fine and Performing Arts Certificate program

École Secondaire Highwood High School - High River

- Grades 9-12
- French Immersion Program

Foothills Digital School - based in Okotoks

- Grades 1-12
- Fully online asynchronous programming

Oilfields School - Diamond Valley

- Grades 7-12
- Environmental sustainability projects

Foothills Outreach Education Centre - Okotoks

- Grades 7-12
- Flexible, blended online and in-person programming

Cameron Crossing School - Okotoks

- Grades 7-12
- Specialized setting - students are referred via their designated school or through the Divisional Learning Team



For more information about high school registration, visit
foothillsschooldivision.ca/register-a-student

CHOOSE YOUR COURSES

ALBERTA HIGH SCHOOL DIPLOMA REQUIREMENTS

To obtain an Alberta High School Diploma, you must earn at least 100 credits by taking required courses plus other courses that interest you and help you achieve your goals.

These courses are required for a diploma

- ☐ English Language Arts 30-1 or 30-2
- ☐ Social Studies 30-1 or 30-2
- ☐ Mathematics 20-1 or 20-2 or 20-3
- ☐ Science 20 or 24 or Biology 20 or Chemistry 20 or Physics 20
- ☐ Physical Education 10
- ☐ Career and Life Management (CALM)

The science requirement may also be met with the 10-credit combination of Science 14 and Science 10.

Earn 10 credits or more, in any combination, from:

At least 10 credits should come from these courses

- ☐ Career and Technology Studies (CTS)
- ☐ Fine arts
- ☐ Second languages
- ☐ Physical Education 20 and/or 30
- ☐ Registered Apprenticeship Program (RAP) courses
- ☐ Knowledge and Employability courses
- ☐ Locally developed courses in CTS, fine arts, second languages or Knowledge and Employability*

Earn 10 credits or more in any 30-level course

- in addition to a 30-level English Language Arts and 30-level Social Studies, in any combination, from:

At least 10 credits should come from these courses

- ☐ 30-level Mathematics or Science or fine arts or second languages or CTS or Physical Education
- ☐ 30-level locally developed courses *
- ☐ 30-level Work Experience
- ☐ 30-level Registered Apprenticeship Program (RAP)
- ☐ 30-level Knowledge and Employability courses
- ☐ Advanced level (3000 series) in CTS courses
- ☐ 30-level Green Certificate Program courses
- ☐ Special Projects 30

*** Locally developed courses give you a chance to explore a range of interests in CTS, Fine Arts, Phys. Ed, and more!**

Learn more about these course options from high schools that interest you.

Diploma exams

are assessments given to Alberta high school students who are taking 30-level diploma examination courses. Final marks in these courses are a blend of school and diploma exam marks.

Diploma exams are required in:

- English Language Arts 30-1 and 30-2
- Social Studies 30-1 and 30-2
- Mathematics 30-1 and 30-2
- Biology 30
- Chemistry 30
- Physics 30
- Science 30
- French Language Arts 30-1

CHOOSE YOUR COURSES

You need to meet course requirements and have **100 credits** to earn your high school diploma. For more details on requirements see [page 6](#)

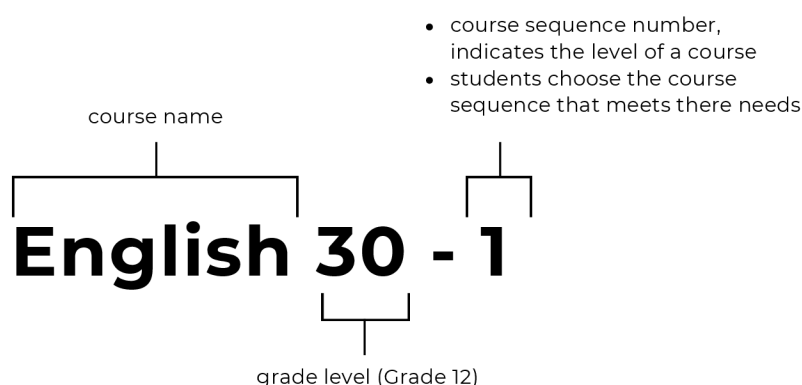
COURSE CREDITS

To earn credits in a high school course, you need to complete the course with a mark of at least 50%. Each course is assigned a number of credits (usually 3 or 5), and credits can only be earned once in any course.

COURSE NUMBERING

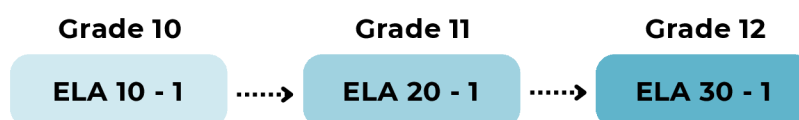
A course number typically tells you both the grade level and focus of a course.

- Grade 10 courses are numbered 10 through 15 (for example, Science 10 and Science 14).
- Grade 11 courses are numbered 20 through 25 (for example, Biology 20).
- Grade 12 courses are numbered 30 through 35 (for example, Mathematics 31)



COURSE SEQUENCES

Course numbers are arranged in sequences. For example, an English Language Arts (ELA) course sequence might involve taking English Language Arts 10-1 in Grade 10, English Language Arts 20-1 in Grade 11 and English Language Arts 30-1 in Grade 12.



CORE COURSES

English Language Arts

Studying English Language Arts (ELA) involves much more than reading and writing. The two aims of the high school English Language Arts program are to:

- provide you with an understanding and appreciation of a broad range of texts and themes.
- enable you to use language for many purposes

English Language Arts focuses on the six areas: listening, speaking, reading, writing, viewing and representing.

There are two main course sequences in English Language Arts (ELA):

- **English 10-1, 20-1 and 30-1**
- **English 10-2, 20-2 and 30-2**

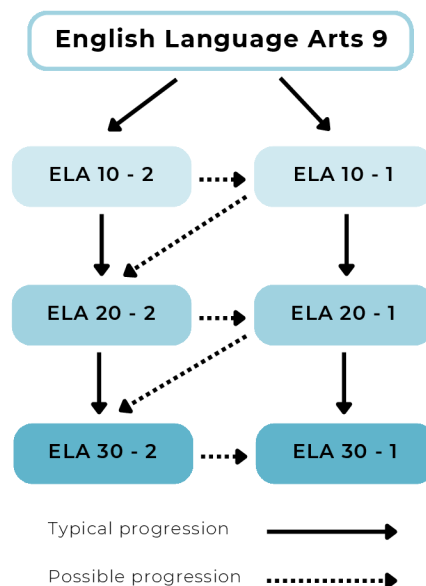
Both focus on interpreting texts and refining your ability to show that you understand those texts. Additionally, both sequences meet diploma requirements upon completion of the 30 - level course. However, ELA 10-1, 20-1 and 30-1 place more emphasis on understanding complex texts, and students who take this course sequence will create and analyze a variety of increasingly sophisticated literary texts.

Some post-secondary programs accept English Language Arts 30-2 for entry. Make sure you're familiar with entrance requirements for the programs you're considering. Talk to your school counsellor to make sure your chosen course sequence is right for you.



To earn an Alberta High School Diploma, you need to complete:

- ✓ **English Language Arts 30-1 or 30-2**



Both the **-1 and -2 English Language Arts** course sequences can be used to apply for the Alexander Rutherford Scholarship for High School Achievement.

Core courses

Social Studies

Social Studies explores how people are connected to each other and the world. By studying past and present issues, you'll learn about diversity and respecting multiple perspectives.

The goal is to help you decide your future as an engaged and responsible citizen within your local and global communities.

There are two main course sequences in Social Studies:

- **Social Studies 10-1, 20-1 and 30-1**
- **Social Studies 10-2, 20-2 and 30-2**

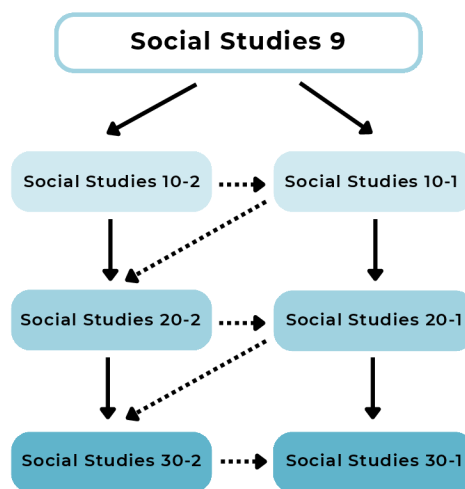
In both sequences, students explore the meaning and effects of globalization, nationalism and ideologies. Additionally, both sequences meet diploma requirements upon completion of the 30 - level course. However, the expectations for Social Studies 10-1, 20-1 and 30-1 put more emphasis on complex concept development, critical thinking and skill development.

Many post-secondary schools accept Social Studies 30-2 for entry. Make sure you're familiar with entrance requirements for the post-secondary programs you're considering. Talk to your counsellors to make sure your chosen course sequence is right for you.



To earn an Alberta High School Diploma, you need to complete:

- ✓ **Social Studies 30-1 or 30-2**



Typical progression →

Possible progression→



Both the **-1 and -2 Social Studies** course sequences can be used to apply for the Alexander Rutherford Scholarship for High School Achievement.

CORE COURSES

Mathematics

Math counts! In every aspect of your life, you use numbers, problem solving and spatial reasoning to help make decisions. The more you learn about how math systems work, the better you will be at making choices that help yourself and others.

The main goals of mathematics education are to prepare you to solve problems, communicate and reason, make connections, and make informed decisions as a contributor to society.



To earn an Alberta High School Diploma, you need to complete:

✓ **Mathematics 20-3, 20-2, or 20-1**

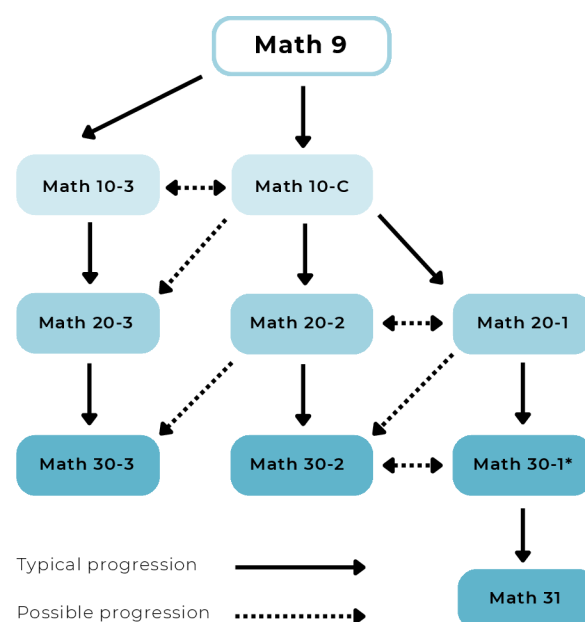
Mathematics 10C (Combined) is the starting point for both course sequences and will prepare you for entry into post-secondary programs that require advanced math skills. You must typically have 50% in Math 9 to enter this course.

Mathematics 20-1 and 30-1 are precalculus courses designed to prepare you for entry into post-secondary studies involving calculus, such as engineering, business and certain sciences.

Mathematics 20-2 and 30-2 prepare you for post-secondary studies in programs that do not involve calculus, such as arts, nursing and education.

Mathematics 10-3, 20-3 and 30-3 provide you with the foundational understanding and critical-thinking skills for entry into many trades and for direct entry into the workforce.

Mathematics 31 is a calculus course that prepares you for post-secondary programs that recommend or require high school calculus for entrance. You can take Mathematics 31 at the same time as Mathematics 30-1. See your school counsellor for more information.



Both the **-1** and **-2** Math course sequences can be used to apply for the Alexander Rutherford Scholarship for High School Achievement.

CORE COURSES

Science

Science inspires a sense of wonder and curiosity about the world. Studying the relationships between science, technology and society will help you develop the knowledge, skills, and attitudes that you need to solve problems and make informed decisions, along with helping you understand how and why things work. You might even make discoveries that improve yourself and the world!



To earn an Alberta High School Diploma, you need to complete:

- ✓ **Science, Biology, Chemistry or Physics at the 20 level**
OR both Science 14 and 10

Science 10 is the prerequisite for all the academic sciences. You need to complete Science 10 before advancing to other science courses. Science 10 provides you with an overview of the biological, chemical, physical and earth sciences, as well as an awareness of the connections between them.

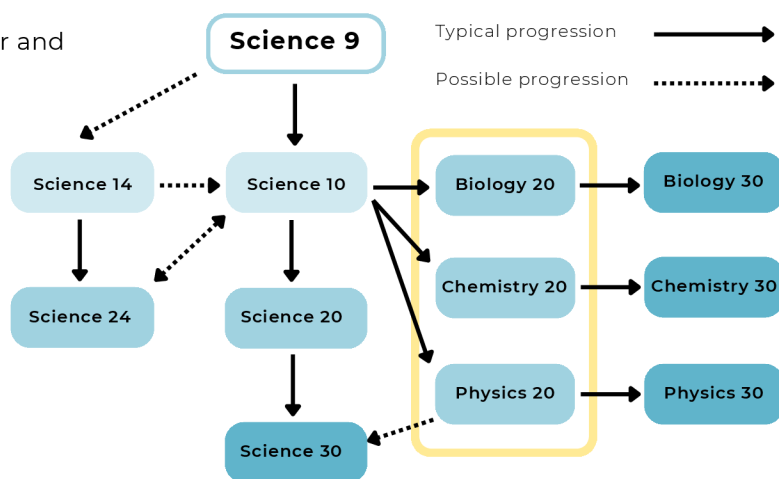
Biology 20 and 30 explore how living organisms interact with each other and within their systems. Biology 20 focuses on energy and matter exchange and is a prerequisite for Biology 30. Biology 30 emphasizes adaptation and change.

Chemistry 20 and 30 examine matter and how it interacts on a molecular level. You'll get a chance to explore and understand the natural world and see chemistry's influence on your everyday life.

Physics 20 and 30 examine matter and energy and their interactions. You will study the underlying physics principles behind natural events.

Science 20 and 30 explore concepts related to physics, biology, chemistry and earth sciences. Biology 20, Chemistry 20 or Physics 20 can be used as prerequisites for Science 30.

Science 14 and 24 include topics in biology, chemistry and physics you can apply in your daily life. These courses allow you to meet the credit requirements for an Alberta High School Diploma.



It is possible to progress from any one of these 20-level courses to Science 30.

CORE COURSES

Career and Life Management (CALM)

Career and Life Management (**CALM**) helps you develop the knowledge, skills and attitudes necessary for well-being in our rapidly changing society. You will learn to make well-informed decisions in all aspects of your life.

CALM is organized around three main themes:

- self-awareness and health
- resources related to independent living
- career and life choices

Students will participate in independent assignments, group projects and discussions. Guest speakers may be invited to provide information on a wide range of health and wellness issues.



To earn an Alberta High School Diploma, you need to complete:

- ✓ **CALM - Career & Life Management**

Physical Education

Physical Education classes are a great way to foster a healthy and active lifestyle. It explores four main concepts: movement activities, health benefits, interacting positively with others and personal responsibility.

Physical Education 10 (3 or 5 credits) is one of the requirements for an Alberta High School Diploma. Physical Education gives you the knowledge, skills and attitudes necessary to lead an active, healthy lifestyle.

Physical Education 20 and 30 (3 or 5 credits) are optional courses and involve increased exposure to life-skill activities and leadership experience. The skills developed in these courses help you make choices that lead to an active, healthy lifestyle.



To earn an Alberta High School Diploma, you need to complete:

- ✓ **min. 3 credits in Physical Education 10**

Physical Education 9 → Physical Education 10 → Physical Education 20 → Physical Education 30

YOUR PATHWAYS

KNOWLEDGE & EMPLOYABILITY

Earning a Certificate of High School Achievement

Students enrolled in Knowledge and Employability (K&E) courses can take advantage of community partnerships to prepare for employment, further studies, active citizenship and lifelong learning. K&E courses give you the opportunity to learn through hands-on activities at school and off campus, increasing your chances for success in whatever you choose to do.

Earn a **Certificate of High School Achievement** when you complete 80 credits in a combination of K&E and other courses.

OR

Earn an **Alberta High School Diploma** if you meet the requirements listed on [page 6](#).

K&E courses may be for you if:

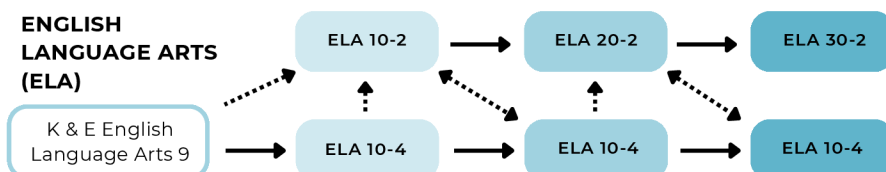
- you plan to complete a Certificate of High School Achievement (rather than an Alberta High School Diploma)
- your goals include succeeding in school to better prepare for the workplace
- you achieve your greatest success through hands-on learning activities

Some students start in K&E courses and then shift to other high school courses.

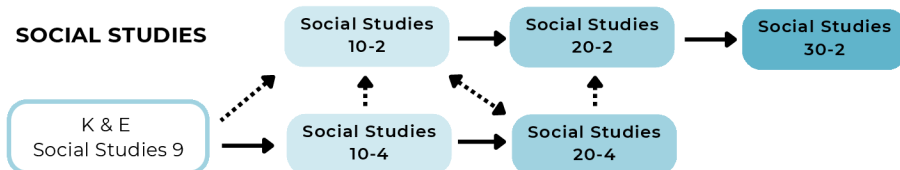
To make the transition, consult with your school counsellor and parents or guardians. Transitions will be decided based on your needs, goals and achievements.

You may also transition to training opportunities and continuing education (which includes some colleges and apprenticeship programs).

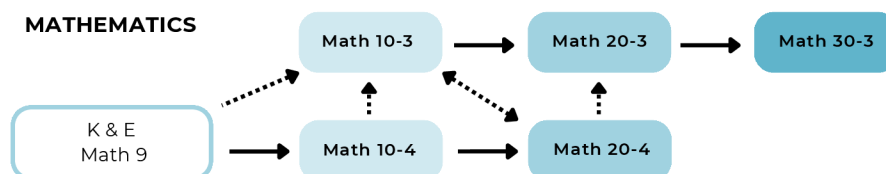
ENGLISH LANGUAGE ARTS (ELA)



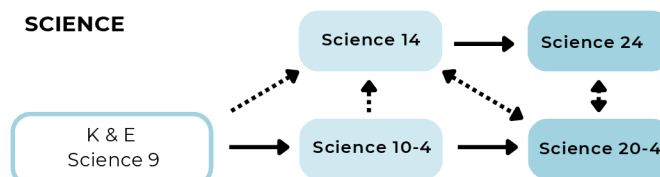
SOCIAL STUDIES



MATHEMATICS



SCIENCE



OCCUPATIONAL COURSES



Typical progression —————→

Possible progression→

YOUR PATHWAYS

French Immersion Course Options

- Mathematics 10C, 20-1, 30-1 and 31
- English Language Arts 10-1, 20-1 and 30-1
- French Language Arts 30-1

AP Course Options

- Mathematics 10C, 20-1, 30-1 and 31
- English Language Arts 10-1, 20-1 and 30-1

For more information on Advanced Placement visit:

collegeboard.org

OPTIONAL ACADEMIC PROGRAMS

Several of our high schools offer optional academic programs that focus on preparing you for university and beyond. If you choose an optional academic program, certain courses will differ from those in a regular high school program. These rigorous programs are designed to give you a strong foundation for academic post-secondary studies, and could earn you university credit for certain courses! Check with your school to learn more before choosing an optional academic program.



ADVANCED PLACEMENT (AP):

Advanced Placement (AP) courses help students develop critical-thinking and problem-solving skills. The AP program is recognized by hundreds of universities in more than 60 countries.

AP is offered at:

- École Secondaire Foothills Composite High School, in Okotoks

Visit: foothillsschooldivision.ca/foothillscomposite/advanced-placement



FRENCH IMMERSION PROGRAM (FI):

In the French Immersion (FI) program, students learn core subjects in French. Graduates may receive an internationally recognized diploma accepted by French Canadian post-secondary institutions and other universities worldwide. Students must start FI by grade 1 and stay in the program to enter into a FI program in high school.

French Immersion is offered at:

- École Secondaire Foothills Composite High School, in Okotoks
- École Secondaire Highwood High School, in High River

Visit: foothillsschooldivision.ca/page/139/french-immersion

YOUR PATHWAYS

CAREER EDUCATION

Career Education enhances and advances existing high-quality learning and robust programs to prepare students for their future. We provide students access to authentic, hands-on experiential learning in fields of interest to support readiness for careers and future next steps

CAREER AND TECHNOLOGY STUDIES

Career and Technology Studies (CTS) is designed for high school students to become innovative in their approach to future career possibilities. You will innovate through a variety of learning opportunities to develop skills that can be applied to your daily life improve your employability, and prepare you as you transition from high school.

All of our high schools offer a variety of CTS courses you can explore! Check out our high school's websites linked on [page 5](#) for a detailed list of all the courses they offer.

DUAL CREDIT

Dual Credit programs are designed for high school students who are interested in a specific career area, allowing them to earn both senior high school credits and credits that count toward a post-secondary certificate, diploma, or degree, including a journey person certificate. FSD is partnered with Olds College and SAIT to support you in earn credits at the post-secondary level *and* at the high school level.

FSD adds new and exciting Dual Credit opportunities every year. Check the FSD website for up to date information!

Get ready with myBlueprint

myBlueprint provides you with tons of online resources to explore and plan your life both inside and outside school.

Use it to build course plans at the school of your choice and track your graduation progress.

You can also explore your personality and interests through surveys, and see what courses, jobs and post-secondary programs might be a great fit.

Sign in to your
myBlueprint
student account

myblueprint.ca/foothills

For more information about career education in FSD, visit foothillsschooldivision.ca

YOUR PATHWAYS

OFF-CAMPUS EDUCATION

Off-campus education allows you to explore job interests and learn more about potential careers, all while gaining credits towards your high school diploma or certificate of achievement. You'll gain valuable skills, and have the opportunity to volunteer in your community, or even earn a paycheck!

Available courses include:

- Work Study
- Workplace Readiness 10-4
- Workplace Practicum 20-4, 30-4
- Work Experience 15, 25, 35
- Career Internship 10

Off-campus learning experiences require students to complete a minimum of 1 credit (25 hours) of safety training. All off-campus opportunities are assigned a teacher supervisor who will work with the employer to ensure placements are appropriate and safe.

REGISTERED APPRENTICESHIP PROGRAM (RAP)

The Registered Apprenticeship Program (RAP) allows you to:

- work as an apprentice to earn credits toward a high school diploma
- for every 125 hours of work, to a maximum of 40 credits or 1,000 hours
- accumulate hours toward your ticket in one of 50 designated trades
- transition into a full-time apprenticeship program when you graduate
- complete health and safety training
- earn at least minimum wage

Popular Options for RAP:

- carpentry
- electrical
- plumbing and pipefitting
- mechanics and autobody
- agricultural equipment tech
- cosmetology and hairstyling

THE GREEN CERTIFICATE PROGRAM

The Green Certificate provides you with opportunities to enter a variety of agriculture-related, structured learning pathways as a part of your high school program. Work in your field of interest, earn high school credits, and earn a certificate that could lead to a career in agriculture or agri-business.

Registered Apprenticeship Program (RAP) and Green Certificate is offered at all FSD high schools

Visit: foothillsschooldivision.ca/career-education

Get organized with myPass

- Order high school transcripts in English and French
- View diploma exam marks
- Register to write or rewrite diploma exams with online payment
- View and print Detailed Academic Reports (DAR)
- View progress towards a credential (diploma or certificate)

Sign in to your myPass student account

<https://public.education.alberta.ca/PASI/mypass/welcome>

YOUR HIGH SCHOOL PLAN

Use what you learn from this guide to make decisions about your studies for the next three years.

By planning ahead, you can make sure your studies meet requirements and serve your goals and interests.



Checklist:

- ☐ Choose core and option courses needed for your program*
- ☐ Have the prerequisites you need
- ☐ Consider what you need to apply for post-secondary studies and achieve your career goals

* Career and Life Management (CALM) and Physical Education are not core courses, but are required for an Alberta High School Diploma, so don't forget to add them to your list!

SAMPLE HIGH SCHOOL COURSE PLAN

This sample plan gives you a sense of the courses required to earn an Alberta High School Diploma.

Grade 10

COURSE	CREDITS
English Language Arts	5
Social studies	5
Mathematics	5
Science	5
Physical Education	3 or 5
Option:	5
Option:	5
Option:	5
TOTAL CREDITS	

Recommended credits: 40

Grade 11

COURSE	CREDITS
English Language Arts	5
Social Studies	5
Mathematics	5
Science	5
Core or Option:	5
Option:	5
Option:	5
Option:	5
TOTAL CREDITS	

Recommended credits: 35 min.

Grade 12

COURSE	CREDITS
English Language Arts	5
Social Studies	5
Core or Option	5
Core or Option	5
Core or Option:	5
Option:	5
Option:	5
Option:	5
TOTAL CREDITS	

Recommended credits: 30 min.

PREPARE FOR SCHOOL



REGISTERING FOR HIGH SCHOOL

You will be automatically registered in your designated high school, based on your home address. To find out which school you are designated to attend, visit foothillsschooldivision.ca/page/17/find-a-school

To register for a School of Choice, you will need to apply. Please follow the instructions laid out on **page 4** of this manual.

If you are entering your designated high school, you will choose your core and option courses in the Spring prior to entering your high school with the support of your current school's staff. If you are entering a School of Choice, or from our of boundaries, you will be contacted by the high school to ensure you are choosing the right courses for you.



ARRANGING TRANSPORTATION TO SCHOOL

Need to catch a bus to school? FSD offers bussing to students within eligible zones. Bussing registration needs to be completed annually.

To find out if you're eligible for bussing, visit:

fsd.mybusplanner.ca/TransportationEligibility

To find out more information about bussing, including routes and fees, and how to register for bussing, visit:

foothillsschooldivision.ca/page/198/apply-for-transportation



ACCESSING YOUR COURSE CONFIRMATION

During the summer break, you'll receive confirmation of your courses. Sign in to Edsembli to check your courses and timetable.

Need to change class courses?

Course changes typically happen at the beginning of each semester. Let your high school Academic and Career Advisor know if you need to change any classes.

Starting your High School Journey

You may also be invited to an orientation day or transition day where you'll pick up your timetable, get textbooks and smile for your student ID photo. Watch your school email account, website and Edsembli for more information.

Plan your high school courses online with the myBlueprint student account

myblueprint.ca/foothills

STUDENT SUCCESS



SUPPORTS AT SCHOOL

All FSD high schools have passionate, well-trained staff to support you reach your full potential. Every high school has one or more:

- Academic and Career Advisor
- Learning Coach
- Family School Liaison Counsellor
- Youth Development Coach
- Educational Assistant
- Administrator

If you need support with choosing courses, preparing for the transition to a career, applying for post-secondary programs and scholarships, or accessing mental health and wellness supports, we have your go-to person who can help you when you need it.



PLANNING POST-SECONDARY STUDIES

The Academic and Career Advisor or a principal at your future high school can help you plan for post-secondary studies. You'll want to become familiar with admission requirements for the post-secondary schools you're considering.

Check each school's website for up-to-date requirements, registration deadlines and program information.

Find lists of post-secondary institutions, planning resources and more at:

- alberta.ca/education
- alberta.ca/advanced-education
- alis.alberta.ca



GET AWARDS, SCHOLARSHIPS AND BURSARIES

Each high school offers awards to recognize students' outstanding accomplishments and contributions. There are awards for:

- academics
- the arts
- athletics
- citizenship, leadership and community service
- environmental and social justice

Your Academic and Career Advisor can help you access a variety of scholarships and bursaries to support your learning journey. For more information, visit: applyalberta.ca/student-funding

For more scholarship information, visit:

scholartree.ca

GET ENGAGED

High School is not just about courses and marks, it's a way to get engaged, try new things, and meet new people! There are many ways you can get involved in your school community. Below are a few examples to get you on the right path:

STUDENTS' MATTERS

Students Matters is a leadership opportunity for students to lead well-being initiatives in their school, community, and the division. You'll get to collaborate with students across the division, and hear from experts in the field of school wellness who will all help you reach your leadership goals.

INDIGENOUS ADVISORY CIRCLE

As part of the Indigenous Advisory Circle, you will work with Elders and community members to celebrate and bring awareness to the needs of our Indigenous students and community members within Foothills. Learn more about our local Indigenous communities and culture, tackle pressing topics impacting the community, and work towards Truth and Reconciliation within this dynamic and supportive council.

HIGH SCHOOL SPORTS AND CLUBS

Did you know that all FSD high schools are part of the Alberta Schools Athletic Association? Did you also know that our schools have try out, participation, and intermural teams? Our high schools have a variety of sports teams and clubs to help you explore your passions. . Whether you're passionate about rugby, curious about debate, or would like to try badminton, our high schools have the sport or club for you!



For more information about engagement opportunities at your high school, visit their websites linked on **page 5**

OUR COMMUNITY



FIND US

Foothills School Division is proud to serve students of southern Alberta. We honour the spirit, life, and lessons this land and its ancestors teach us. We acknowledge the traditional land and territories of the Siksika, Piikani, Kainai, Tsuut'ina, and Îyârhe Nakoda as well as the Foothills District and the Rocky View District within the Battle River Territory of the Otipemisiwak Métis Government of Alberta.



For more information about Foothills School Division, visit foothillsschooldivision.ca

OUR HIGH SCHOOLS

École Secondaire
Foothills Composite
High School

Alberta High School
of Fine Arts

École Secondaire
Highwood High
School

Foothills Digital
School

Oilfields School

Foothills Outreach
Education Centre

Cameron Crossing
School

READY FOR HIGH SCHOOL

FOOTHILLS SCHOOL DIVISION

129 4th Avenue SW
Suite 300
PO Box 5700
T1V 1M7

403.652.3001
communications@fsd38.ab.ca



June 2025