COVID-19 Guidance for Parents of Children Attending School and/or Childcare

Your child has one or more of these COVID-19 symptoms that are new, worsening or not related to other known causes: Chills • Sore throat or painful swallowing • Runny nose or congestion • Feeling unwell or fatigued • Nausea or vomiting or diarrhea • Unexplained loss of appetite • Muscle or joint aches • Headache • Conjunctivitis (pink eye)



Note: Chronic symptoms that can be explained by a pre-existing medical condition (e.g. allergies) would be considered part of the child's baseline health status. As long as these symptoms do not change, the child can continue to attend school/childcare. A child should have one negative COVID-19 test to establish this baseline.

Guidance Your child should not attend school / childcare if they are feeling unwell Your child has one symptom group Your child has two or more Wait and stay home for 24 Hours symptom groups After 24 hours, has your child developed additional Yes symptoms from other groups? Has your child's symptom improved in past 24 hours? No Yes A COVID-19 test is recommended Testing Decide if your child will be tested for COVID-19 Note: If your child feels Yes No better while waiting to receive their test result, OR they can return to school, Book a COVID-19 test for your child as long as they are not a Online: ahs.ca/covid Before you close contact of a person Do: By phone: Call Health Link at 811 who tested positive for have your COVID-19. Try to book a test that is within 24 hours of child's test your child's symptoms starting result Go to the COVID-19 test with your child Test Get your child's COVID-19 test result Result It may take 1 to 3 days to get your child's test result · All individuals who test positive for COVID-19 will be Do: contacted by a member of the AHS Public Health team for follow-up and case management For more information about getting your child's COVID-19 test result, go to ahs.ca/results Have you been told by AHS that your **Positive Test Result Negative Test Result** child is a close contact of a person Next Have you been told by AHS that your who tested positive **Steps** child is a close contact of a person for COVID-19? who tested positive for COVID-19? No Yes Yes No What to do What to do What to do What to do Your child is legally required Your child can attend Your child can attend Your child is legally required to stay home and to stay home and isolate for school / childcare and isolate for 14 days from their last exposure to school / childcare and 10 days from the start of other public places when: a confirmed case of COVID-19 other public places when: symptoms, or until they are If your child's symptoms remain after these 14 the symptom(s) have they feel well enough gone, whichever is longer. resolved AND days have passed, they should stay home from AND Household members must it has been at least school, childcare and other public places until it has been at least stav home for 14 days 24 hours since the they feel better. 24 hours since the

Household members are not required to isolate

as long as they are asymptomatic

the case.

from their last exposure to

symptom(s) started.

symptom started.