

Message from Administration

October, 2018



Spitzee Elementary

The first month of school is officially in the books! September was a busy but smooth startup as swim suits and sunscreen were traded in for note books and pencil crayons, and students and teachers alike dove back into the routines of school here at Spitzee.

We would like to thank all of our students, staff and families for helping make the beginning of the new school year such a success. We know that the sudden shift in lifestyle from summer to school can feel quite abrupt.

There have been a number of exciting events around Spitzee to begin the year. First off we would like to extend our gratitude to all of the families that joined us for our pancake breakfast of the first day of school. It was amazing to reconnect with our school community after having 2 months apart. We would also like to say a very special thank you to the High River Pickleball Club for volunteering their time to flip pancakes and sausages, pour syrup and juice and finally clean up after the event. We could not have had such a great morning without you.








Other things happening around the school include the start up of both our grade 5 flag football team and our drumming programs. Please stay tuned for more information about both. Also of interest, the first school council meeting took place on September 12, please note the next meeting will take place at 6:30pm on October 10, all are welcome to attend.

As many of you have seen, our grade 5 patrol teams have been trained and are now working at the crosswalks. Please remind your children be sure to use the patrolled crosswalks to ensure they get across some of our busy intersections safely.

Throughout all of the busyness of the start of the year our staff have remained laser focused on providing the highest of quality education for our students. Staff learning throughout the beginning of the school year has been concentrated on two main goals; first, creating a safe and caring learning environment by developing Social Emotional Learning competencies in our students. Secondly our staff are working on providing effective feedback to students in order to improve their work deepen their understanding, specifically in the area of mathematics. Again, thank you all for making the start of the 2018 -19 such a success. With one month already passed we are truly excited for what's to come.

Brooke MacNeill and Chase Ellis

October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
				Flag Football Game Heritage Heights @Spitzee	Non Attendance Day for students	
7	8	9	10	11	12	13
	Thanksgiving No School 		School Council AGM 6:30pm	Flag Football Game Spitzee @ Big Rock 		
14	15	16	17	18	19	20
		Last day for Magazine Orders. 		Flag Football Tournament @ Foothills Comp. 	Non Attendance Day for students	
21	22	23	24	25	26	27
			Picture Retake day 			
28	29	30	31			
			Halloween Dressup in Afternoon 			

Spitzee School Fundraising

As you all know we are going to be doing a lot of fundraising for our new playground! Playgrounds are not provincially or divisionally funded so in the next couple of years we will be focusing on raising funds.

Indeayo Cookie Dough fundraiser will be running :

November 1st- November 15th with the delivery on November 21st.

We thank you so much for your continued support for our school:)



DANCEPL3Y:

Ms. Saliken will once again be offering to DANCEPL3Y every Friday at lunch recess in the gym. Fridays will alternate between grades 1-3 one week and grades 4-5 the next week beginning Sept. 28th. This will be a drop-in program, meaning kids don't have to sign up. Also, no dance experience required. Just come ready to have some fun, to move around and to "fill your bubble of awesome"! :-)

ORDER UP

Hot Lunch Ordering for NOVEMBER

Hot Lunch ordering for November will open on October 1st and close October 25th. . As the system is automated no late orders can be accepted. Payment must be made by PayPal on or before the cutoff date or your order will be canceled. Thank you for your support!

Spitzee School Council Annual General Meeting

Wednesday October 10 at 6:30pm in the Staffroom



Halloween @ Spitzee School

Spitzee School is celebrating Halloween on October 31th. Students are invited to wear their costumes on Halloween. To help make this celebration successful the following guidelines will be used:

Costumes will be put on **AFTER** Lunch Recess.

Students should be able to put their own costume on.

Students must be able to sit, walk, breathe, see and hear in the costume. Shoes must be worn with costumes.

Costumes must not be of a scary, gory or adult themed nature.

Facepaint and makeup may not be worn as there isn't time for students to put it on during the day.

Costumes cannot be associated with drugs, alcohol or weapons in any way.

No 'props' such as swords, wands, guns, knives, etc.

Events happening in each class will vary. Teachers will provide information to their class about Halloween Afternoon.

Spitzee School - Magazine Fundraiser

This year's Fundraising Goal is 100% Participation - and helping to make the world a little kinder!

TOP 3 REASONS WHY WE SHOULD BUY MAGAZINES?

1. Reading for pleasure helps foster a love for reading.
2. Access to a broad range of reading materials promotes family literacy.
3. Magazines are filled with a variety of content that can motivate children not only to read but to engage and learn!



YES! Online sales count toward Prizes!

SCAN THIS QR CODE
TO ACCESS OUR PAGE NOW
THEN SHARE THIS LINK WITH FAMILY & FRIENDS!

bit.ly/Spitzee





All money raised will go directly to our Learning Commons to help build our collection of books as well as purchase new materials, technology or furniture.

ORDERS CAN BE PLACED ONLINE BY GOING TO WWW.OSP.CA & ENTERING OUR ONLINE ID – 3694882

For Paper Orders – Cheques are Payable to Spitzee School

PACKAGE COMING HOME

SEPTEMBER 26TH, 2018

FINAL DAY TO HAND IN ORDERS

OCTOBER 16TH, 2018

KIDS: WIN PRIZES!!

In addition to the prize program in your package & our ~~LEGO~~ collectibles students will also get to "Track Acts Of Kindness" and Pay it Forward!



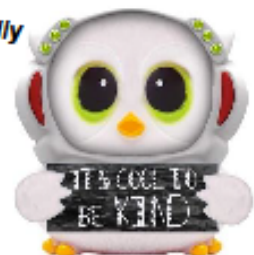
#THECOOPSQUAD



Every participant will be given a Pay it Forward card and officially join our Kindness Movement!

Sell JUST ONE item and help us spread Kindness and work towards ending bullying!

Choose 
KINDNESS.



#THECOOPSQUAD



SPITZEE ELEMENTARY SCHOOL
CASINO FUNDRAISER

AT CENTURY CASINO IN CALGARY

THURSDAY NOVEMBER 29TH &
FRIDAY NOVEMBER 30TH

WE ONLY GET THIS OPPORTUNITY
EVERY **3 Years!**

▶▶ **VOLUNTEERS NEEDED!** ◀◀

DAY TIME SHIFT IS: 10:00AM-7:00PM
NIGHT TIME SHIFT IS: 6:30PM- 3:00AM

Please contact
spitzeecouncil@gmail.com to sign up

Spitzee Elementary School

HOT LUNCH 2018 - 2019

As we get ready for another exciting year at school, it is also time to get the Hot Lunch Program up and running. We will be doing online ordering for all orders so as to ensure accuracy with the orders and to make the process as easy for everyone as possible.

Here's how to get started...

Go to spitzee.hotlunches.net

Click on "Click Here to Register"

Enter Access Code **SHL**

Complete the rest of the registration form. (Including your email address will ensure you receive reminder emails about hot lunch order deadlines, and your child's hot lunch order for the upcoming week)

Click the "**Register Now**" button at the bottom

Follow the instructions to add each child in your family who attends Spitzee Elementary School

Once your child(ren) are registered, click on "Orders"

Proceed to order hot lunch for your child(ren)

PayPal:

This year we will only accept payment for hot lunch orders through PayPal (www.paypal.com). **No cash or cheque at the office.**

You can either pay with a credit card as a PayPal guest (Visa, MasterCard or Amex), or set up your own PayPal account. ****Please Note:** Should you experience any issues with your PayPal account, you must contact PayPal directly to solve the issue.

The hot lunch online order system requires a small amount of setup time at the beginning as you must register each child you have attending our school prior to ordering hot lunch. Once the initial setup process is complete, your hot lunch orders for the remainder of the year should be quick and simple. Lunch orders and payment **must** be submitted before the cut off date for each month. **NO LATE ORDERS WILL BE PROCESSED.**

Should you wish to **volunteer** to help distribute the weekly hot lunch or have any questions please direct them to the Parent Council Hot Lunch Program Coordinator Jeanette Pentland via email at spitzeecouncil@gmail.com or phone/text (403) 477-2722.

Sincerely,

Parent Council Hot Lunch Program

Hot lunch order opening and cut off dates for 2018-2019

<u>Month</u>	<u>Open</u>	<u>Close</u>
November	October 1st	October 25th
December	November 1st	November 29th
January	December 1st	December 27th
February	January 1st	January 24th
March	February 1st	February 21st
April	March 1st	March 28th
May	April 1st	April 25th
June	May 1st	May 30th

Spitzee School Council Corner

Welcome back Students and Parents,

Spitzee School Council held their first meeting on Wednesday, September 12th, 2018. For those Parents and/or guardians hoping to take part in a school council meet please note that our next meeting day will be Wednesday, October 10th at 6:30. This will be our Annual General Meeting where our election of members will take place. We love receiving the support of our parents so come out to one or all of our meetings and learn more about School Council and how you can take part in your child's education.

Our Meetings run once a month on a Wednesday starting at 6:30 but are subject to change with notice. We will post reminders on Facebook and School Newsletters. Any questions can be directed to Attn: Chair or Co-chair, Spitzeecouncil@gmail.com



1st High River Scouting

invites boys & girls, young men & young women,
and adults to join the adventure....

Adventure, outdoors, teamwork, having fun.....

We're celebrating the 90th year of 1st High River Scouts. 90 years of outdoor adventures, learning leadership & contributing to our community. Come join the adventure! Boys & girls welcome!

We welcome you to

Register NOW online at www.myscouts.ca

The cost for one year of Scouting is **\$250** for the year.

Financial assistance available from: No One Left Behind Fund (see below)

Families are **also expected to help with our Scout Popcorn & Christmas Tree fundraisers to cover the rest of program costs.**

Our programs

Beavers: boys & girls, ages 5-7 – Meet Tues. 6:15- 7:30 pm at High River United Church

Cubs: boys & girls, ages 8-11 – Meet Mon. 6:30- 8:00 pm at Silverland Camp

Scouts: boys & girls, ages 11-14 – Meet Tues. 7:00 – 9:00 am at Silverland Camp

Venturers: youth, ages 14-17 – Meet Thurs. 7:00 – 9:00 pm at Silverland Camp

Rovers: young adults, ages 18-25 – Meet as they determine.

Scouters: 18 & over, we provide screening, training and mentorship for adult volunteers.



**Wonder what Scouting is like?
Have questions about our program?**

Contact: Susan Lukey, 1st High River Group Commissioner

who can provide you with information & answer questions.

susan.lukey@scouts.ca /403-652-3953

For more information: www.scouts.ca

Register Online at www.myscouts.ca and pay by credit card.

Financial assistance is available from the No One Left Behind Fund.

Check details at <http://www.scouts.ca/give/no-one-left-behind/>

Youth in Scouts have fun adventures discovering new things and experiences they wouldn't have elsewhere. Along the way, the youth develop into capable, confident, and well-rounded individuals, better prepared for success in the world.

Scouts is the start of something great.

It starts with Scouts!



JOIN THE CLUB!

MEADOWBANK 4-H MULTI CLUB is looking for new members, ages 9-21.
Cleavers ages 6-8.

HORSE * ARCHERY*

We meet the first Tuesday of each month. Horse projects ride Tuesday nights (5-7) High River Ag Arena. Archers shoot the second and the fourth Thursday of each month (5-6) at Flys Etc in High River.

Come hear more about the club and the projects, whether you're interested in one or both, at the parent meeting **Tuesday, September 25 at 7:00** at the **High River Centennial Library** and/or...

For more information, contact either:

Lara Bec (General Leader) at either (403) 803-7692 or becrl@xplornet.com; or
Tanya Froh (Archery Leader) at either (403) 601-5767 or halfmoon11@xplornet.com

Visit our Facebook page at: [@meadowbank4Hmulti](https://www.facebook.com/meadowbank4Hmulti)

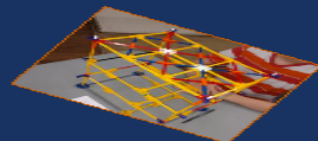
Foothills Ringette

Foothills Ringette is taking registrations for players! Ages 5 and up! Come out, sharpen your skating skills, learn the game of ringette and have a ton of fun doing it! Visit Foothills FUNdamentals Ringette facebook page for more information or email us at foothillsringette@gmail.com



Project **READesign** "Engineer Your Story"

Based on the Novel Engineering program by Tufts University: participants design, build, and test prototype devices to solve problems for a story book character while developing science, technology, engineering and math skills.



Fall 2018

Saturdays: November 3, 10, 17 & 24

Time: 1:00 – 3:00PM

Ages: 10-14yrs

Fee: \$50

Location: High River Library

Instructor: Gillian Hurst, P. Eng (BrainSTEM Alliance)

E-mail: program@highriverlibrary.ca / Call: 403-652-2917 to register



15 Questions to Replace ‘How Was School Today?’

These questions will help you draw out important information from your kids.

By [Elena Aguilar](#)

October 27, 2016

How many times have you asked your child, “How was school today?” and been frustrated by the lack of response? As a parent, I’m guilty of asking my son this question all the time, even though I usually don’t get much in return.

Sometimes (to be honest), I haven’t had the energy for a real conversation. Other times, I just can’t think of what to ask. As a teacher, I have often wished that kids would share stories of the awesome things we were doing with their parents, but I couldn’t figure out how to make that happen.

THE QUESTIONS

With slight wording modifications, these questions can work with children of all ages:

Tell me about a moment today when you felt excited about what you were learning.

Tell me about a moment in class when you felt confused.

Think about what you learned and did in school today. What’s something you’d like to know more about? What’s a question you have that came from your learning today?

Were there any moments today when you felt worried? When you felt scared?

Were there any times today when you felt disrespected by anyone? Tell me about those moments.

Were there times today when you felt that one of your classmates demonstrated care for you?

Were there any moments today when you felt proud of yourself?

Tell me about a conversation you had with a classmate or friend that you enjoyed.

What was challenging about your day?

What do you appreciate about your day?

What did you learn about yourself today?

Is there anything that you'd like to talk about that I might be able to help you figure out?

Is there anything you're worried about?

What are you looking forward to tomorrow?

Is there a question you wish I'd ask you about your day?

TIPS FOR ASKING QUESTIONS

How and *when* we ask these questions makes a big difference in the information we receive from our kids. First, you don't want to ask all of these questions on the same day. You might ask one or two. After a while, you'll figure out which ones elicit the most meaningful responses. You'll want to ask during a time when you have the ability to focus so that your child feels they have your full attention. With my child—and in my household—dinner and driving in the car are optimal times for these conversations.

Now these conversations have become routine. My son knows that when we drive to school I'll ask him what he's looking forward to, if there's anything he's worried about, and if there's anything he wants to talk about with me that I might be able to help him figure out.

MORE SUGGESTIONS

The following can help your conversations be positive and powerful:

Don't interrupt. This is a good rule for any conversation, but especially if you want to get a lot of information out of a kid.

Ask for more. Simply say, "I'd love to hear more about that..." Or, "Can you expand on that a little?"

Ask about feelings. After a child describes an experience, ask, "How did you feel in that moment? What did you notice about your feelings?"

Validate feelings. Whatever your kid feels is normal and okay. Let them know that. Feelings are okay. Tell them this.

Tell them it's not okay for teachers or kids to be unkind or mean. If they tell you a story about a teacher who yelled or disrespected them (regardless of what they said or did) let them know that it's not okay for an adult to treat them that way. Same goes for how they are treated by other children.

Thank them for sharing with you. Always appreciate their honesty and willingness to share the highlights and bright spots, as well as the difficult moments. This will fuel their confidence in telling you more.

What questions bring about the most conversation between you and your kids?